

## Individual Top Times

Times since: 01-Jan-20  
 Black Sands Swim Squad [BSSS]  
 Convert To: SC Print: SC

Time	P/F/S	Event
<b>Kenale Alleyne (15) B</b>		
24.57 S	AAA S	50 Free 05/11/2020 OECS Invitational Swimming Championships
54.75 S	AA F	100 Free 05/11/2020 OECS Invitational Swimming Championships
2:00.48 S	AA F	200 Free 05/11/2020 OECS Invitational Swimming Championships
4:26.68 S	AA F	400 Free 05/11/2020 OECS Invitational Swimming Championships
9:21.25 S	A F	800 Free 10/08/2020 FLOW SVG Nationals
28.81 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:02.98 S	A F	100 Back 05/11/2020 OECS Invitational Swimming Championships
2:23.89 S	BB F	200 Back 10/08/2020 FLOW SVG Nationals
33.07 S	F	50 Breast 10/08/2020 FLOW SVG Nationals
1:15.30 S	BB F	100 Breast 10/08/2020 FLOW SVG Nationals
27.31 S	F	50 Fly 10/08/2020 FLOW SVG Nationals
1:01.08 S	AA F	100 Fly 05/11/2020 OECS Invitational Swimming Championships
1:03.92 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:22.22 S	A F	200 IM 05/11/2020 OECS Invitational Swimming Championships
<b>Mia Bailey (11) G</b>		
36.38 S	B F	50 Free 12/02/2020 CGM Invitational Swimming Championships
1:20.66 S	B F	100 Free 10/08/2020 FLOW SVG Nationals
3:00.53 S	F	200 Free 12/02/2020 CGM Invitational Swimming Championships
6:28.76 S	F	400 Free 12/02/2020 CGM Invitational Swimming Championships
42.89 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:43.07 S	F	100 Back 12/02/2020 CGM Invitational Swimming Championships
53.33 S	F	50 Breast 10/08/2020 FLOW SVG Nationals
1:56.49 S	F	100 Breast 10/08/2020 FLOW SVG Nationals
45.38 S	F	50 Fly 10/08/2020 FLOW SVG Nationals
1:37.11 S	F	100 IM 10/08/2020 FLOW SVG Nationals
3:36.78 S	F	200 IM 12/02/2020 CGM Invitational Swimming Championships
<b>Matthew Ballah (11) B</b>		
28.54 S	AA F	50 Free 05/11/2020 OECS Invitational Swimming Championships
1:05.14 S	A F	100 Free 05/11/2020 OECS Invitational Swimming Championships
2:29.71 S	BB F	200 Free 05/11/2020 OECS Invitational Swimming Championships
5:58.66 S	B F	400 Free 12/02/2020 CGM Invitational Swimming Championships
35.29 S	A F	50 Back 05/11/2020 OECS Invitational Swimming Championships
1:21.68 S	BB F	100 Back 05/11/2020 OECS Invitational Swimming Championships
40.47 S	BB F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:28.78 S	BB F	100 Breast 05/11/2020 OECS Invitational Swimming Championships
32.44 S	AA F	50 Fly 05/11/2020 OECS Invitational Swimming Championships
1:20.24 S	BB F	100 Fly 05/11/2020 OECS Invitational Swimming Championships
1:20.88 S	BB T	100 IM 09/05/2020 Time Trials 2020 - May/June
2:51.27 S	BB F	200 IM 05/11/2020 OECS Invitational Swimming Championships
<b>Tristan Ballah (14) B</b>		
27.12 S	AA T	50 Free 09/05/2020 Time Trials 2020 - May/June
1:00.67 S	A F	100 Free 10/08/2020 FLOW SVG Nationals
2:16.60 S	BB F	200 Free 10/08/2020 FLOW SVG Nationals
5:12.29 S	BB T	400 Free 09/05/2020 Time Trials 2020 - May/June
35.61 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:15.98 S	B F	100 Back 10/08/2020 FLOW SVG Nationals
32.52 S	F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:15.26 S	A F	100 Breast 05/11/2020 OECS Invitational Swimming Championships
2:50.47 S	BB F	200 Breast 10/08/2020 FLOW SVG Nationals
30.06 S	F	50 Fly 05/11/2020 OECS Invitational Swimming Championships
1:11.24 S	BB F	100 Fly 10/08/2020 FLOW SVG Nationals
1:11.17 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:42.57 S	BB F	200 IM 10/08/2020 FLOW SVG Nationals

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Time	P/F/S	Event
<b>Seth Byron (11) B</b>		
28.87 S	AA S	50 Free 05/11/2020 OECS Invitational Swimming Championships
1:04.19 S	AA F	100 Free 10/08/2020 FLOW SVG Nationals
2:20.49 S	AA F	200 Free 05/11/2020 OECS Invitational Swimming Championships
4:57.80 S	AA F	400 Free 10/08/2020 FLOW SVG Nationals
10:17.26 S	AA F	800 Free 10/08/2020 FLOW SVG Nationals
21:55.90 S	BB F	1500 Free 12/02/2020 CGM Invitational Swimming Championships
35.93 S	BB F	50 Back 05/11/2020 OECS Invitational Swimming Championships
1:18.87 S	BB F	100 Back 05/11/2020 OECS Invitational Swimming Championships
2:50.05 S	BB F	200 Back 10/08/2020 FLOW SVG Nationals
39.20 S	A F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:28.55 S	BB F	100 Breast 05/11/2020 OECS Invitational Swimming Championships
3:19.03 S	BB F	200 Breast 10/08/2020 FLOW SVG Nationals
34.87 S	BB T	50 Fly 09/05/2020 Time Trials 2020 - May/June
1:23.38 S	BB T	100 Fly 09/05/2020 Time Trials 2020 - May/June
1:17.82 S	BB T	100 IM 09/05/2020 Time Trials 2020 - May/June
2:48.18 S	BB F	200 IM 10/08/2020 FLOW SVG Nationals
6:23.33 S	B F	400 IM 12/02/2020 CGM Invitational Swimming Championships
<b>Shane Cadogan (18) B</b>		
23.74 S	AAA T	50 Free 09/05/2020 Time Trials 2020 - May/June
53.30 S	AAA F	100 Free 03/03/2020 The 2020 BASA Long Course National Champs
2:06.34 S	A T	200 Free 09/05/2020 Time Trials 2020 - May/June
4:45.15 S	BB T	400 Free 09/05/2020 Time Trials 2020 - May/June
28.13 S	F	50 Back 05/11/2020 OECS Invitational Swimming Championships
29.10 S	F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:05.40 S	AAA F	100 Breast 03/03/2020 The 2020 BASA Long Course National Champs
2:30.80 S	AA F	200 Breast 03/03/2020 The 2020 BASA Long Course National Champs
25.81 S	F	50 Fly 05/11/2020 OECS Invitational Swimming Championships
59.42 S	AA T	100 Fly 09/05/2020 Time Trials 2020 - May/June
1:00.44 S	T	100 IM 09/05/2020 Time Trials 2020 - May/June
2:18.19 S	AA F	200 IM 03/03/2020 The 2020 BASA Long Course National Champs
<b>Daniella Clarke (10) G</b>		
36.71 S	BB F	50 Free 05/11/2020 OECS Invitational Swimming Championships
1:22.55 S	BB F	100 Free 10/08/2020 FLOW SVG Nationals
3:05.50 S	BB F	200 Free 05/11/2020 OECS Invitational Swimming Championships
6:50.30 S	B F	400 Free 10/08/2020 FLOW SVG Nationals
43.98 S	BB F	50 Back 05/11/2020 OECS Invitational Swimming Championships
1:40.25 S	B F	100 Back 10/08/2020 FLOW SVG Nationals
52.99 S	B F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:55.91 S	BB F	100 Breast 05/11/2020 OECS Invitational Swimming Championships
46.11 S	BB F	50 Fly 05/11/2020 OECS Invitational Swimming Championships
1:40.97 S	BB F	100 IM 10/08/2020 FLOW SVG Nationals
3:32.86 S	BB F	200 IM 05/11/2020 OECS Invitational Swimming Championships
<b>Matthew Clarke (8) B</b>		
46.63 S	F	50 Free 10/08/2020 FLOW SVG Nationals
2:20.20 S	F	100 Breast 10/08/2020 FLOW SVG Nationals
29.18 S	F	25 Fly 10/08/2020 FLOW SVG Nationals
<b>Kathryn Cumberbatch (10) G</b>		
33.16 S	AA F	50 Free 05/11/2020 OECS Invitational Swimming Championships
1:15.81 S	A F	100 Free 10/08/2020 FLOW SVG Nationals
2:48.74 S	A F	200 Free 10/08/2020 FLOW SVG Nationals
5:58.75 S	BB F	400 Free 05/11/2020 OECS Invitational Swimming Championships
12:52.98 S	F	800 Free 10/08/2020 FLOW SVG Nationals
39.16 S	A F	50 Back 05/11/2020 OECS Invitational Swimming Championships
1:27.39 S	A F	100 Back 05/11/2020 OECS Invitational Swimming Championships

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Time	P/F/S	Event			
<b>Kathryn Cumberbatch (10) G</b>					
3:10.34	S	F	200	Back	10/08/2020 FLOW SVG Nationals
43.10	S AA	F	50	Breast	05/11/2020 OECS Invitational Swimming Championships
1:34.69	S AA	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships
3:29.50	S	F	200	Breast	10/08/2020 FLOW SVG Nationals
38.82	S A	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:37.57	S BB	F	100	Fly	05/11/2020 OECS Invitational Swimming Championships
1:28.37	S A	F	100	IM	10/08/2020 FLOW SVG Nationals
3:09.72	S A	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
<b>Benjamin Cyrus (9) B</b>					
35.86	S BB	F	50	Free	05/11/2020 OECS Invitational Swimming Championships
1:22.32	S BB	F	100	Free	10/08/2020 FLOW SVG Nationals
3:05.91	S B	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
43.01	S BB	F	50	Back	05/11/2020 OECS Invitational Swimming Championships
46.76	S BB	F	50	Breast	05/11/2020 OECS Invitational Swimming Championships
1:45.41	S BB	F	100	Breast	10/08/2020 FLOW SVG Nationals
41.71	S BB	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:37.04	S BB	F	100	IM	10/08/2020 FLOW SVG Nationals
3:31.34	S BB	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
<b>Hazen Dabriel (10) B</b>					
31.34	S AAA	F	50	Free	05/11/2020 OECS Invitational Swimming Championships
1:10.49	S AA	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
2:34.89	S AA	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
5:31.82	S AA	F	400	Free	10/08/2020 FLOW SVG Nationals
11:32.13	S	F	800	Free	10/08/2020 FLOW SVG Nationals
22:55.27	S	F	1500	Free	12/02/2020 CGM Invitational Swimming Championships
37.32	S AA	F	50	Back	10/08/2020 FLOW SVG Nationals
1:23.15	S AA	F	100	Back	05/11/2020 OECS Invitational Swimming Championships
2:55.76	S	F	200	Back	10/08/2020 FLOW SVG Nationals
43.62	S A	F	50	Breast	05/11/2020 OECS Invitational Swimming Championships
1:36.39	S A	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships
3:28.24	S	F	200	Breast	10/08/2020 FLOW SVG Nationals
34.61	S AAA	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:20.65	S AAA	F	100	Fly	05/11/2020 OECS Invitational Swimming Championships
3:11.17	S	F	200	Fly	10/08/2020 FLOW SVG Nationals
1:21.34	S AA	F	100	IM	10/08/2020 FLOW SVG Nationals
2:55.69	S AA	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
6:32.91	S	F	400	IM	12/02/2020 CGM Invitational Swimming Championships
<b>Kevern DaSilva (12) G</b>					
29.33	S AAA	F	50	Free	10/08/2020 FLOW SVG Nationals
1:06.69	S AA	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
2:32.56	S A	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
5:40.33	S BB	F	400	Free	05/11/2020 OECS Invitational Swimming Championships
31.48	S AAAAA	F	50	Back	10/08/2020 FLOW SVG Nationals
1:10.25	S AAA	F	100	Back	10/08/2020 FLOW SVG Nationals
2:51.60	S BB	F	200	Back	12/02/2020 CGM Invitational Swimming Championships
41.36	S BB	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:31.43	S BB	F	100	Breast	10/08/2020 FLOW SVG Nationals
3:25.17	S BB	F	200	Breast	12/02/2020 CGM Invitational Swimming Championships
31.83	S AAA	F	50	Fly	10/08/2020 FLOW SVG Nationals
1:14.15	S AA	F	100	Fly	05/11/2020 OECS Invitational Swimming Championships
1:13.46	S AA	F	100	IM	10/08/2020 FLOW SVG Nationals
2:46.48	S A	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
<b>Aaron Defreitas (18) B</b>					
24.07	S AAA	F	50	Free	10/08/2020 FLOW SVG Nationals

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Time	P/F/S	Event
<b>Aaron Defreitas (18) B</b>		
54.64 S	AA F	100 Free 12/02/2020 CGM Invitational Swimming Championships
2:03.53 S	A T	200 Free 09/05/2020 Time Trials 2020 - May/June
4:59.45 S	B T	400 Free 09/05/2020 Time Trials 2020 - May/June
30.03 S	F	50 Back 12/02/2020 CGM Invitational Swimming Championships
1:05.88 S	BB F	100 Back 12/02/2020 CGM Invitational Swimming Championships
2:24.78 S	BB F	200 Back 10/08/2020 FLOW SVG Nationals
32.29 S	F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:13.52 S	BB F	100 Breast 12/02/2020 CGM Invitational Swimming Championships
26.80 S	F	50 Fly 05/11/2020 OECS Invitational Swimming Championships
1:02.05 S	A F	100 Fly 12/02/2020 CGM Invitational Swimming Championships
1:04.87 S	T	100 IM 09/05/2020 Time Trials 2020 - May/June
2:25.52 S	BB F	200 IM 12/02/2020 CGM Invitational Swimming Championships
<b>Mya Defreitas (14) G</b>		
27.91 S	AAA S	50 Free 10/08/2020 FLOW SVG Nationals
1:01.20 S	AAA F	100 Free 03/03/2020 The 2020 BASA Long Course National Champs
2:13.13 S	AA T	200 Free 09/05/2020 Time Trials 2020 - May/June
4:35.48 S	AAA T	400 Free 09/05/2020 Time Trials 2020 - May/June
9:43.00 S	AA F	800 Free 10/08/2020 FLOW SVG Nationals
18:50.20 S	AA F	1500 Free 12/02/2020 CGM Invitational Swimming Championships
33.59 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:13.94 S	BB F	100 Back 10/08/2020 FLOW SVG Nationals
2:42.19 S	BB F	200 Back 10/08/2020 FLOW SVG Nationals
38.36 S	F	50 Breast 05/11/2020 OECS Invitational Swimming Championships
1:23.48 S	A F	100 Breast 10/08/2020 FLOW SVG Nationals
3:03.86 S	BB F	200 Breast 10/08/2020 FLOW SVG Nationals
30.26 S	F	50 Fly 03/03/2020 The 2020 BASA Long Course National Champs
1:07.65 S	AA T	100 Fly 09/05/2020 Time Trials 2020 - May/June
1:11.07 S	T	100 IM 09/05/2020 Time Trials 2020 - May/June
2:36.13 S	A T	200 IM 09/05/2020 Time Trials 2020 - May/June
<b>Tinnel Deroche (7) G</b>		
28.65 S	F	25 Free 05/11/2020 OECS Invitational Swimming Championships
42.24 S	F	25 Back 05/11/2020 OECS Invitational Swimming Championships
<b>Abigail Deshong (13) G</b>		
28.50 S	AA F	50 Free 10/08/2020 FLOW SVG Nationals
1:03.65 S	AA F	100 Free 10/08/2020 FLOW SVG Nationals
2:28.76 S	BB F	200 Free 10/08/2020 FLOW SVG Nationals
5:25.65 S	BB F	400 Free 12/02/2020 CGM Invitational Swimming Championships
31.81 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:17.81 S	BB T	100 Back 10/08/2020 FLOW SVG Nationals
36.66 S	F	50 Breast 10/08/2020 FLOW SVG Nationals
1:21.40 S	A F	100 Breast 10/08/2020 FLOW SVG Nationals
3:14.71 S	BB F	200 Breast 03/03/2020 The 2020 BASA Long Course National Champs
29.56 S	T	50 Fly 10/08/2020 FLOW SVG Nationals
1:08.41 S	AA F	100 Fly 10/08/2020 FLOW SVG Nationals
1:12.40 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:44.59 S	A F	200 IM 10/08/2020 FLOW SVG Nationals
<b>Kione Deshong (7) B</b>		
16.40 S	S	25 Free 10/08/2020 FLOW SVG Nationals
38.11 S	B F	50 Free 05/11/2020 OECS Invitational Swimming Championships
1:33.27 S	B F	100 Free 05/11/2020 OECS Invitational Swimming Championships
3:40.57 S	T	200 Free 09/05/2020 Time Trials 2020 - May/June
21.82 S	F	25 Back 10/08/2020 FLOW SVG Nationals
52.04 S	B F	50 Back 05/11/2020 OECS Invitational Swimming Championships
21.87 S	F	25 Breast 05/11/2020 OECS Invitational Swimming Championships

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<b>Kione Deshong (7) B</b>						
49.27 S	BB F	50 Breast	05/11/2020	OECS Invitational Swimming Championships		
1:53.28 S	B F	100 Breast	10/08/2020	FLOW SVG Nationals		
20.46 S	F	25 Fly	05/11/2020	OECS Invitational Swimming Championships		
57.09 S	T	50 Fly	09/05/2020	Time Trials 2020 - May/June		
1:43.84 S	B F	100 IM	10/08/2020	FLOW SVG Nationals		
<b>Amelia DesVignes (5) G</b>						
22.97 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships		
1:00.62 S	F	50 Free	05/11/2020	OECS Invitational Swimming Championships		
29.10 S	F	25 Back	05/11/2020	OECS Invitational Swimming Championships		
1:07.08 S	F	50 Back	05/11/2020	OECS Invitational Swimming Championships		
41.05 S	F	25 Fly	10/08/2020	FLOW SVG Nationals		
<b>Dariana DesVignes (13) G</b>						
33.59 S	B F	50 Free	10/08/2020	FLOW SVG Nationals		
1:13.63 S	B F	100 Free	05/11/2020	OECS Invitational Swimming Championships		
2:47.85 S	B F	200 Free	05/11/2020	OECS Invitational Swimming Championships		
6:28.29 S	F	400 Free	12/02/2020	CGM Invitational Swimming Championships		
40.63 S	F	50 Back	10/08/2020	FLOW SVG Nationals		
1:32.86 S	F	100 Back	05/11/2020	OECS Invitational Swimming Championships		
44.80 S	F	50 Breast	05/11/2020	OECS Invitational Swimming Championships		
1:41.67 S	F	100 Breast	05/11/2020	OECS Invitational Swimming Championships		
35.58 S	F	50 Fly	05/11/2020	OECS Invitational Swimming Championships		
<b>Kendrea Durham (8) G</b>						
25.74 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships		
<b>Brandon George (12) B</b>						
26.94 S	AAAA F	50 Free	05/11/2020	OECS Invitational Swimming Championships		
59.37 S	AAA F	100 Free	05/11/2020	OECS Invitational Swimming Championships		
2:10.66 S	AAA F	200 Free	05/11/2020	OECS Invitational Swimming Championships		
4:40.32 S	AAA F	400 Free	05/11/2020	OECS Invitational Swimming Championships		
10:02.14 S	AA F	800 Free	10/08/2020	FLOW SVG Nationals		
20:58.78 S	BB F	1500 Free	12/02/2020	CGM Invitational Swimming Championships		
31.75 S	AAA F	50 Back	05/11/2020	OECS Invitational Swimming Championships		
1:08.31 S	AAA F	100 Back	05/11/2020	OECS Invitational Swimming Championships		
2:30.28 S	AA F	200 Back	10/08/2020	FLOW SVG Nationals		
35.32 S	AAA F	50 Breast	05/11/2020	OECS Invitational Swimming Championships		
1:17.80 S	AAA F	100 Breast	05/11/2020	OECS Invitational Swimming Championships		
2:59.50 S	A F	200 Breast	10/08/2020	FLOW SVG Nationals		
29.50 S	AAAA F	50 Fly	05/11/2020	OECS Invitational Swimming Championships		
1:06.15 S	AAA F	100 Fly	05/11/2020	OECS Invitational Swimming Championships		
1:18.41 S	BB F	100 IM	10/08/2020	FLOW SVG Nationals		
2:32.71 S	AA F	200 IM	05/11/2020	OECS Invitational Swimming Championships		
<b>Bryson George (15) B</b>						
24.59 S	AAA F	50 Free	10/08/2020	FLOW SVG Nationals		
55.12 S	AA F	100 Free	10/08/2020	FLOW SVG Nationals		
2:02.59 S	AA F	200 Free	10/08/2020	FLOW SVG Nationals		
4:28.20 S	A F	400 Free	10/08/2020	FLOW SVG Nationals		
30.52 S	F	50 Back	05/11/2020	OECS Invitational Swimming Championships		
1:07.74 S	BB F	100 Back	05/11/2020	OECS Invitational Swimming Championships		
30.99 S	F	50 Breast	10/08/2020	FLOW SVG Nationals		
1:07.77 S	AA F	100 Breast	10/08/2020	FLOW SVG Nationals		
2:38.66 S	A F	200 Breast	10/08/2020	FLOW SVG Nationals		
26.86 S	F	50 Fly	05/11/2020	OECS Invitational Swimming Championships		
1:01.22 S	AA F	100 Fly	10/08/2020	FLOW SVG Nationals		
1:05.72 S	T	100 IM	09/05/2020	Time Trials 2020 - May/June		
2:22.00 S	A T	200 IM	09/05/2020	Time Trials 2020 - May/June		

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Time	P/F/S	Event				
<b>Bryson George (15) B</b>						
5:30.33	S BB	F	400	IM	12/02/2020	CGM Invitational Swimming Championships
<b>Gabby Gilbert (6) G</b>						
29.41	S	F	25	Free	05/11/2020	OECS Invitational Swimming Championships
<b>Brescott Glynn (7) B</b>						
19.19	S	F	25	Free	05/11/2020	OECS Invitational Swimming Championships
44.31	S	F	50	Free	05/11/2020	OECS Invitational Swimming Championships
1:41.49	S	F	100	Free	05/11/2020	OECS Invitational Swimming Championships
3:57.00	S	F	200	Free	10/08/2020	FLOW SVG Nationals
25.32	S	F	25	Back	05/11/2020	OECS Invitational Swimming Championships
54.96	S	F	50	Back	10/08/2020	FLOW SVG Nationals
28.96	S	F	25	Breast	10/08/2020	FLOW SVG Nationals
1:04.13	S	F	50	Breast	12/02/2020	CGM Invitational Swimming Championships
25.42	S	F	25	Fly	10/08/2020	FLOW SVG Nationals
2:06.15	S	F	100	IM	10/08/2020	FLOW SVG Nationals
<b>Kennice Greene (12) G</b>						
28.30	S AAA	S	50	Free	10/08/2020	FLOW SVG Nationals
1:03.42	S AAA	F	100	Free	05/11/2020	OECS Invitational Swimming Championships
2:21.89	S AA	F	200	Free	10/08/2020	FLOW SVG Nationals
5:01.04	S AA	F	400	Free	10/08/2020	FLOW SVG Nationals
10:21.22	S AA	F	800	Free	10/08/2020	FLOW SVG Nationals
21:10.57	S A	F	1500	Free	12/02/2020	CGM Invitational Swimming Championships
33.85	S AAA	F	50	Back	03/03/2020	The 2020 BASA Long Course National Champs
1:15.24	S AA	F	100	Back	03/03/2020	The 2020 BASA Long Course National Champs
2:43.73	S A	F	200	Back	10/08/2020	FLOW SVG Nationals
40.34	S A	F	50	Breast	05/11/2020	OECS Invitational Swimming Championships
1:27.37	S A	F	100	Breast	10/08/2020	FLOW SVG Nationals
3:15.46	S BB	F	200	Breast	10/08/2020	FLOW SVG Nationals
30.52	S AAA	F	50	Fly	10/08/2020	FLOW SVG Nationals
1:11.28	S AAA	F	100	Fly	10/08/2020	FLOW SVG Nationals
1:14.47	S AA	F	100	IM	10/08/2020	FLOW SVG Nationals
2:41.52	S AA	F	200	IM	10/08/2020	FLOW SVG Nationals
6:07.31	S BB	F	400	IM	12/02/2020	CGM Invitational Swimming Championships
<b>Tia Gun-Munro (14) G</b>						
29.80	S A	S	50	Free	05/11/2020	OECS Invitational Swimming Championships
1:06.28	S A	F	100	Free	05/11/2020	OECS Invitational Swimming Championships
2:39.69	S B	F	200	Free	12/02/2020	CGM Invitational Swimming Championships
38.18	S	F	50	Back	05/11/2020	OECS Invitational Swimming Championships
38.11	S	F	50	Breast	05/11/2020	OECS Invitational Swimming Championships
1:23.16	S A	F	100	Breast	05/11/2020	OECS Invitational Swimming Championships
3:07.09	S BB	F	200	Breast	12/02/2020	CGM Invitational Swimming Championships
32.47	S	F	50	Fly	05/11/2020	OECS Invitational Swimming Championships
3:08.48	S A	F	200	IM	12/02/2020	CGM Invitational Swimming Championships
<b>Joseph Hadley (10) B</b>						
32.64	S AA	F	50	Free	05/11/2020	OECS Invitational Swimming Championships
1:11.98	S AA	F	100	Free	05/11/2020	OECS Invitational Swimming Championships
2:40.02	S A	F	200	Free	05/11/2020	OECS Invitational Swimming Championships
5:49.38	S BB	F	400	Free	05/11/2020	OECS Invitational Swimming Championships
39.10	S A	F	50	Back	10/08/2020	FLOW SVG Nationals
1:25.07	S A	F	100	Back	10/08/2020	FLOW SVG Nationals
45.00	S A	F	50	Breast	05/11/2020	OECS Invitational Swimming Championships
1:39.23	S A	F	100	Breast	10/08/2020	FLOW SVG Nationals
3:31.81	S	F	200	Breast	10/08/2020	FLOW SVG Nationals
38.70	S A	F	50	Fly	05/11/2020	OECS Invitational Swimming Championships
1:24.91	S A	F	100	IM	10/08/2020	FLOW SVG Nationals

## Individual Top Times

Times since: 01-Jan-20  
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Time	P/F/S	Event
<b>Joseph Hadley (10) B</b>		
3:07.76 S A F		200 IM 10/08/2020 FLOW SVG Nationals
<b>Scarlett Hadley (12) G</b>		
36.00 S B F		50 Free 10/08/2020 FLOW SVG Nationals
1:20.26 S B F		100 Free 10/08/2020 FLOW SVG Nationals
3:00.71 S F		200 Free 10/08/2020 FLOW SVG Nationals
6:40.60 S F		400 Free 05/11/2020 OECS Invitational Swimming Championships
43.65 S F		50 Back 09/05/2020 OECS Invitational Swimming Championships
1:38.50 S T		100 Back 09/05/2020 Time Trials 2020 - May/June
43.75 S BB F		50 Breast 12/02/2020 CGM Invitational Swimming Championships
1:35.16 S BB F		100 Breast 10/08/2020 FLOW SVG Nationals
3:30.15 S B F		200 Breast 10/08/2020 FLOW SVG Nationals
44.08 S F		50 Fly 12/02/2020 CGM Invitational Swimming Championships
1:32.55 S B F		100 IM 10/08/2020 FLOW SVG Nationals
<b>Alexander Joachim (16) B</b>		
24.92 S AAA T		50 Free 09/05/2020 Time Trials 2020 - May/June
53.81 S AAA F		100 Free 10/08/2020 FLOW SVG Nationals
2:02.00 S AA F		200 Free 10/08/2020 FLOW SVG Nationals
4:30.43 S A F		400 Free 10/08/2020 FLOW SVG Nationals
9:20.35 S A F		800 Free 10/08/2020 FLOW SVG Nationals
28.60 S F		50 Back 10/08/2020 FLOW SVG Nationals
1:05.17 S BB F		100 Back 10/08/2020 FLOW SVG Nationals
2:23.71 S BB F		200 Back 10/08/2020 FLOW SVG Nationals
31.32 S T		50 Breast 09/05/2020 Time Trials 2020 - May/June
1:09.38 S AA F		100 Breast 10/08/2020 FLOW SVG Nationals
2:30.25 S AA F		200 Breast 10/08/2020 FLOW SVG Nationals
26.78 S F		50 Fly 10/08/2020 FLOW SVG Nationals
58.98 S AAA F		100 Fly 10/08/2020 FLOW SVG Nationals
1:01.65 S F		100 IM 03/03/2020 OFSAA Championship 2020
2:20.24 S A T		200 IM 09/05/2020 Time Trials 2020 - May/June
<b>Jamie Joachim (12) G</b>		
28.40 S AAA S		50 Free 10/08/2020 FLOW SVG Nationals
1:01.36 S AAA F		100 Free 10/08/2020 FLOW SVG Nationals
2:16.76 S AAA T		200 Free 09/05/2020 Time Trials 2020 - May/June
4:52.00 S AAA F		400 Free 03/03/2020 The 2020 BASA Long Course National Champs
10:17.09 S AA F		800 Free 10/08/2020 FLOW SVG Nationals
20:49.29 S A F		1500 Free 12/02/2020 CGM Invitational Swimming Championships
32.14 S AAA F		50 Back 10/08/2020 FLOW SVG Nationals
1:09.06 S AAA F		100 Back 10/08/2020 FLOW SVG Nationals
2:32.94 S AAA F		200 Back 10/08/2020 FLOW SVG Nationals
40.33 S A F		50 Breast 10/08/2020 FLOW SVG Nationals
1:26.75 S A T		100 Breast 09/05/2020 Time Trials 2020 - May/June
3:03.77 S AA F		200 Breast 10/08/2020 FLOW SVG Nationals
31.55 S AAA T		50 Fly 09/05/2020 Time Trials 2020 - May/June
1:09.77 S AAA T		100 Fly 09/05/2020 Time Trials 2020 - May/June
2:55.17 S BB F		200 Fly 10/08/2020 FLOW SVG Nationals
1:11.26 S AAA F		100 IM 10/08/2020 FLOW SVG Nationals
2:36.51 S AAA T		200 IM 09/05/2020 Time Trials 2020 - May/June
5:57.75 S A F		400 IM 12/02/2020 CGM Invitational Swimming Championships
<b>Anniah John (4) G</b>		
1:00.83 S F		25 Free 05/11/2020 OECS Invitational Swimming Championships
<b>Kyle John (20) B</b>		
26.11 S T		50 Free 10/08/2020 FLOW SVG Nationals
59.26 S F		100 Free 10/08/2020 FLOW SVG Nationals
2:15.83 S F		200 Free 05/11/2020 OECS Invitational Swimming Championships

## Individual Top Times

Times since: 01-Jan-20  
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Time	P/F/S	Event			
<b>Kyle John (20) B</b>					
5:29.39 S	T	400 Free	09/05/2020	Time Trials 2020 - May/June	
33.89 S	F	50 Back	10/08/2020	FLOW SVG Nationals	
36.09 S	F	50 Breast	10/08/2020	FLOW SVG Nationals	
1:22.86 S	T	100 Breast	09/05/2020	Time Trials 2020 - May/June	
28.90 S	F	50 Fly	10/08/2020	FLOW SVG Nationals	
1:06.24 S	F	100 Fly	10/08/2020	FLOW SVG Nationals	
1:08.61 S	F	100 IM	10/08/2020	FLOW SVG Nationals	
2:33.57 S	F	200 IM	05/11/2020	OECS Invitational Swimming Championships	
<b>Naira John (10) G</b>					
35.72 S	BB F	50 Free	05/11/2020	OECS Invitational Swimming Championships	
1:22.02 S	BB F	100 Free	10/08/2020	FLOW SVG Nationals	
3:04.84 S	BB F	200 Free	10/08/2020	FLOW SVG Nationals	
6:40.61 S	B F	400 Free	05/11/2020	OECS Invitational Swimming Championships	
43.41 S	BB F	50 Back	05/11/2020	OECS Invitational Swimming Championships	
1:35.31 S	BB F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
3:38.60 S	F	200 Back	10/08/2020	FLOW SVG Nationals	
47.12 S	BB F	50 Breast	10/08/2020	FLOW SVG Nationals	
1:47.52 S	BB F	100 Breast	10/08/2020	FLOW SVG Nationals	
3:53.66 S	F	200 Breast	10/08/2020	FLOW SVG Nationals	
45.22 S	BB F	50 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:37.19 S	BB F	100 IM	10/08/2020	FLOW SVG Nationals	
3:33.52 S	BB F	200 IM	05/11/2020	OECS Invitational Swimming Championships	
<b>Tai Joseph (12) G</b>					
37.59 S	F	50 Free	12/02/2020	CGM Invitational Swimming Championships	
1:24.52 S	F	100 Free	10/08/2020	FLOW SVG Nationals	
3:08.08 S	F	200 Free	12/02/2020	CGM Invitational Swimming Championships	
6:24.15 S	F	400 Free	05/11/2020	OECS Invitational Swimming Championships	
46.80 S	F	50 Back	12/02/2020	CGM Invitational Swimming Championships	
1:37.72 S	F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
3:35.23 S	F	200 Back	12/02/2020	CGM Invitational Swimming Championships	
53.78 S	F	50 Breast	10/08/2020	FLOW SVG Nationals	
46.88 S	F	50 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:40.14 S	F	100 IM	10/08/2020	FLOW SVG Nationals	
3:51.04 S	F	200 IM	12/02/2020	CGM Invitational Swimming Championships	
<b>Ethan Kent (7) B</b>					
35.96 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships	
<b>Aaron Laidlow (8) B</b>					
21.55 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships	
54.06 S	F	50 Free	05/11/2020	OECS Invitational Swimming Championships	
31.12 S	F	25 Back	05/11/2020	OECS Invitational Swimming Championships	
30.80 S	F	25 Breast	05/11/2020	OECS Invitational Swimming Championships	
1:16.25 S	F	50 Breast	05/11/2020	OECS Invitational Swimming Championships	
31.98 S	F	25 Fly	05/11/2020	OECS Invitational Swimming Championships	
<b>Eltonique Leonard (9) G</b>					
31.56 S	AAA F	50 Free	05/11/2020	OECS Invitational Swimming Championships	
1:12.17 S	AA F	100 Free	05/11/2020	OECS Invitational Swimming Championships	
2:39.20 S	AA F	200 Free	05/11/2020	OECS Invitational Swimming Championships	
5:35.49 S	AA F	400 Free	05/11/2020	OECS Invitational Swimming Championships	
12:00.79 S	F	800 Free	10/08/2020	FLOW SVG Nationals	
38.71 S	A F	50 Back	05/11/2020	OECS Invitational Swimming Championships	
1:26.05 S	A F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
3:11.31 S	F	200 Back	10/08/2020	FLOW SVG Nationals	
42.99 S	AA F	50 Breast	05/11/2020	OECS Invitational Swimming Championships	
1:34.81 S	AA F	100 Breast	05/11/2020	OECS Invitational Swimming Championships	



## Individual Top Times

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Time	P/F/S	Event			
<b>Eltonique Leonard (9) G</b>					
3:29.32	S	F	200	Breast	10/08/2020 FLOW SVG Nationals
35.29	S AAA	F	50	Fly	10/08/2020 FLOW SVG Nationals
1:25.66	S AA	F	100	Fly	10/08/2020 FLOW SVG Nationals
3:29.43	S	F	200	Fly	10/08/2020 FLOW SVG Nationals
1:23.61	S AA	F	100	IM	10/08/2020 FLOW SVG Nationals
3:01.16	S AA	T	200	IM	09/05/2020 Time Trials 2020 - May/June
<b>Eltonte Leonard (13) B</b>					
25.68	S AAA	T	50	Free	10/08/2020 FLOW SVG Nationals
58.55	S AA	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
2:12.28	S A	F	200	Free	10/08/2020 FLOW SVG Nationals
4:53.60	S BB	F	400	Free	10/08/2020 FLOW SVG Nationals
10:29.60	S BB	F	800	Free	12/02/2020 CGM Invitational Swimming Championships
31.76	S	F	50	Back	10/08/2020 FLOW SVG Nationals
1:09.24	S BB	F	100	Back	10/08/2020 FLOW SVG Nationals
2:33.31	S BB	F	200	Back	10/08/2020 FLOW SVG Nationals
34.58	S	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:16.77	S A	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships
2:50.19	S BB	F	200	Breast	12/02/2020 CGM Invitational Swimming Championships
28.03	S	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:05.67	S A	T	100	Fly	09/05/2020 Time Trials 2020 - May/June
1:07.22	S	F	100	IM	10/08/2020 FLOW SVG Nationals
2:28.56	S A	T	200	IM	09/05/2020 Time Trials 2020 - May/June
5:35.76	S BB	F	400	IM	12/02/2020 CGM Invitational Swimming Championships
<b>Anwar Medjahed (16) B</b>					
28.53	S BB	F	50	Free	12/02/2020 CGM Invitational Swimming Championships
1:06.10	S B	F	100	Free	12/02/2020 CGM Invitational Swimming Championships
2:43.61	S	F	200	Free	12/02/2020 CGM Invitational Swimming Championships
35.43	S	F	50	Breast	05/11/2020 OECS Invitational Swimming Championships
1:21.38	S B	F	100	Breast	12/02/2020 CGM Invitational Swimming Championships
31.42	S	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
<b>Zariel Nelson (11) G</b>					
28.46	S AAA	F	50	Free	10/08/2020 FLOW SVG Nationals
1:03.93	S AA	T	100	Free	10/08/2020 FLOW SVG Nationals
2:29.57	S A	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
5:28.37	S BB	F	400	Free	12/02/2020 CGM Invitational Swimming Championships
11:46.52	S BB	F	800	Free	12/02/2020 CGM Invitational Swimming Championships
36.85	S BB	F	50	Back	05/11/2020 OECS Invitational Swimming Championships
1:22.53	S BB	F	100	Back	05/11/2020 OECS Invitational Swimming Championships
42.59	S BB	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:35.40	S BB	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships
3:28.35	S BB	F	200	Breast	12/02/2020 CGM Invitational Swimming Championships
32.31	S AA	F	50	Fly	10/08/2020 FLOW SVG Nationals
1:16.13	S A	F	100	Fly	12/02/2020 CGM Invitational Swimming Championships
1:20.20	S BB	T	100	IM	09/05/2020 Time Trials 2020 - May/June
2:56.83	S BB	F	200	IM	12/02/2020 CGM Invitational Swimming Championships
6:30.05	S BB	F	400	IM	12/02/2020 CGM Invitational Swimming Championships
<b>Arielle Pierre (9) G</b>					
37.11	S BB	F	50	Free	05/11/2020 OECS Invitational Swimming Championships
1:30.20	S B	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
3:23.59	S B	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
46.36	S B	F	50	Back	10/08/2020 FLOW SVG Nationals
1:46.98	S B	F	100	Back	10/08/2020 FLOW SVG Nationals
52.20	S BB	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:55.56	S BB	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships

## Individual Top Times

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Time	P/F/S	Event			
<b>Arielle Pierre (9) G</b>					
42.30 S	BB F	50 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:43.68 S	B F	100 IM	10/08/2020	FLOW SVG Nationals	
3:49.85 S	B F	200 IM	05/11/2020	OECS Invitational Swimming Championships	
<b>Dacari Quashie (8) B</b>					
20.76 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships	
52.22 S	F	50 Free	05/11/2020	OECS Invitational Swimming Championships	
31.24 S	F	25 Back	05/11/2020	OECS Invitational Swimming Championships	
<b>Nia Quashie (6) G</b>					
27.08 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships	
<b>Myra Quinton (8) G</b>					
23.23 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships	
<b>Jemani Robinson (15) B</b>					
28.44 S	BB F	50 Free	05/11/2020	OECS Invitational Swimming Championships	
1:02.74 S	BB F	100 Free	10/08/2020	FLOW SVG Nationals	
2:20.34 S	BB T	200 Free	09/05/2020	Time Trials 2020 - May/June	
5:10.38 S	B T	400 Free	09/05/2020	Time Trials 2020 - May/June	
33.38 S	F	50 Back	10/08/2020	FLOW SVG Nationals	
1:14.59 S	B F	100 Back	10/08/2020	FLOW SVG Nationals	
35.75 S	F	50 Breast	05/11/2020	OECS Invitational Swimming Championships	
1:17.64 S	BB F	100 Breast	05/11/2020	OECS Invitational Swimming Championships	
2:54.23 S	B F	200 Breast	10/08/2020	FLOW SVG Nationals	
32.20 S	F	50 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:15.75 S	F	100 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:12.84 S	F	100 IM	10/08/2020	FLOW SVG Nationals	
2:37.96 S	B F	200 IM	05/11/2020	OECS Invitational Swimming Championships	
<b>Rhema Robinson (13) G</b>					
28.31 S	AAA S	50 Free	10/08/2020	FLOW SVG Nationals	
1:03.99 S	AA T	100 Free	10/08/2020	FLOW SVG Nationals	
2:29.68 S	BB T	200 Free	09/05/2020	Time Trials 2020 - May/June	
5:31.31 S	BB T	400 Free	09/05/2020	Time Trials 2020 - May/June	
36.83 S	F	50 Back	05/11/2020	OECS Invitational Swimming Championships	
1:21.66 S	B F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
37.26 S	F	50 Breast	10/08/2020	FLOW SVG Nationals	
1:20.30 S	AA T	100 Breast	09/05/2020	Time Trials 2020 - May/June	
2:55.90 S	A F	200 Breast	10/08/2020	FLOW SVG Nationals	
33.08 S	F	50 Fly	10/08/2020	FLOW SVG Nationals	
1:26.60 S	F	100 Fly	12/02/2020	CGM Invitational Swimming Championships	
1:14.02 S	F	100 IM	10/08/2020	FLOW SVG Nationals	
2:44.18 S	A F	200 IM	10/08/2020	FLOW SVG Nationals	
<b>Tyler Robinson (9) B</b>					
31.88 S	AA F	50 Free	10/08/2020	FLOW SVG Nationals	
1:12.56 S	AA F	100 Free	10/08/2020	FLOW SVG Nationals	
2:40.67 S	A F	200 Free	05/11/2020	OECS Invitational Swimming Championships	
5:46.01 S	A F	400 Free	10/08/2020	FLOW SVG Nationals	
12:00.95 S	F	800 Free	10/08/2020	FLOW SVG Nationals	
37.17 S	AA T	50 Back	10/08/2020	FLOW SVG Nationals	
1:25.16 S	A F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
3:09.06 S	F	200 Back	10/08/2020	FLOW SVG Nationals	
42.57 S	AA T	50 Breast	09/05/2020	Time Trials 2020 - May/June	
1:34.60 S	AA F	100 Breast	10/08/2020	FLOW SVG Nationals	
1:34.60 S	AA F	100 Breast	05/11/2020	OECS Invitational Swimming Championships	
3:25.76 S	F	200 Breast	10/08/2020	FLOW SVG Nationals	
35.05 S	AAA F	50 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:23.43 S	AA F	100 Fly	05/11/2020	OECS Invitational Swimming Championships	

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Time	P/F/S	Event			
<b>Tyler Robinson (9) B</b>					
3:41.19	S	F	200	Fly	10/08/2020 FLOW SVG Nationals
1:20.18	S AAA	F	100	IM	10/08/2020 FLOW SVG Nationals
3:02.67	S A	F	200	IM	10/08/2020 FLOW SVG Nationals
<b>Dru Samuel (10) B</b>					
37.83	S BB	F	50	Free	05/11/2020 OECS Invitational Swimming Championships
1:29.44	S B	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
3:23.86	S B	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
55.32	S	F	50	Back	10/08/2020 FLOW SVG Nationals
50.87	S BB	F	50	Breast	12/02/2020 CGM Invitational Swimming Championships
1:54.90	S B	F	100	Breast	05/11/2020 OECS Invitational Swimming Championships
4:06.90	S	F	200	Breast	10/08/2020 FLOW SVG Nationals
50.72	S	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:52.07	S	F	100	IM	10/08/2020 FLOW SVG Nationals
3:50.45	S B	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
<b>Zaryah Samuel (10) G</b>					
33.01	S AA	F	50	Free	05/11/2020 OECS Invitational Swimming Championships
1:14.29	S AA	F	100	Free	05/11/2020 OECS Invitational Swimming Championships
2:47.24	S A	F	200	Free	05/11/2020 OECS Invitational Swimming Championships
5:58.78	S BB	F	400	Free	05/11/2020 OECS Invitational Swimming Championships
42.53	S BB	F	50	Back	05/11/2020 OECS Invitational Swimming Championships
1:33.32	S BB	F	100	Back	05/11/2020 OECS Invitational Swimming Championships
3:38.15	S	F	200	Back	10/08/2020 FLOW SVG Nationals
48.18	S BB	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:44.24	S BB	F	100	Breast	10/08/2020 FLOW SVG Nationals
3:54.72	S	F	200	Breast	12/02/2020 CGM Invitational Swimming Championships
42.41	S BB	F	50	Fly	05/11/2020 OECS Invitational Swimming Championships
1:44.51	S BB	F	100	Fly	10/08/2020 FLOW SVG Nationals
1:34.40	S BB	F	100	IM	10/08/2020 FLOW SVG Nationals
3:21.97	S BB	F	200	IM	05/11/2020 OECS Invitational Swimming Championships
<b>Jayson Sandy (13) B</b>					
27.48	S A	F	50	Free	10/08/2020 FLOW SVG Nationals
1:00.11	S A	F	100	Free	10/08/2020 FLOW SVG Nationals
2:16.98	S BB	F	200	Free	10/08/2020 FLOW SVG Nationals
4:50.40	S BB	F	400	Free	10/08/2020 FLOW SVG Nationals
34.74	S	F	50	Back	10/08/2020 FLOW SVG Nationals
1:17.07	S B	F	100	Back	10/08/2020 FLOW SVG Nationals
34.05	S	F	50	Breast	10/08/2020 FLOW SVG Nationals
1:16.78	S A	F	100	Breast	10/08/2020 FLOW SVG Nationals
2:50.73	S BB	F	200	Breast	10/08/2020 FLOW SVG Nationals
30.14	S	F	50	Fly	10/08/2020 FLOW SVG Nationals
1:12.57	S BB	F	100	Fly	10/08/2020 FLOW SVG Nationals
1:10.31	S	F	100	IM	10/08/2020 FLOW SVG Nationals
2:36.96	S BB	T	200	IM	09/05/2020 Time Trials 2020 - May/June
<b>Josephine Spaulding (3) G</b>					
43.31	S	F	25	Free	05/11/2020 OECS Invitational Swimming Championships
<b>Nikolas Sylvester (19) B</b>					
25.01	S	F	50	Free	10/08/2020 FLOW SVG Nationals
58.24	S	F	100	Free	10/08/2020 FLOW SVG Nationals
28.95	S	F	50	Back	10/08/2020 FLOW SVG Nationals
1:03.98	S	F	100	Back	10/08/2020 FLOW SVG Nationals
30.08	S	T	50	Breast	09/05/2020 Time Trials 2020 - May/June
1:07.36	S	F	100	Breast	10/08/2020 FLOW SVG Nationals
2:37.08	S	F	200	Breast	10/08/2020 FLOW SVG Nationals
27.00	S	F	50	Fly	10/08/2020 FLOW SVG Nationals

### Individual Top Times

Times since: 01-Jan-20  
 Convert To: SC Print: SC

Time	P/F/S	Event		
<b>Nikolas Sylvester (19) B</b>				
1:01.79 S	F	100 IM	10/08/2020	FLOW SVG Nationals
<b>Kaiden Veira (4) B</b>				
46.52 S	F	25 Free	05/11/2020	OECS Invitational Swimming Championships