

Individual Top Times

Black Sands Swim Squad [BSSS]
Convert To: SC Print: SC

Time	P/F/S	Event			
Kenale Alleyne (17) B					
16.52 S		F	25	Free	21/08/2014 Summer Festival 2014
24.15 S	AAA	F	50	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
52.46 S	AAA	F	100	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
2:00.00 S	AA	F	200	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
4:24.34 S	A	F	400	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
9:21.25 S	A	F	800	Free	10/08/2020 FLOW SVG Nationals
22:40.93 S		F	1500	Free	26/11/2016 SAC Time Trials - Nov 16
24.58 S		F	25	Back	08/11/2013 23rd OECS Swimming hampionships
28.81 S		F	50	Back	10/08/2020 FLOW SVG Nationals
1:02.98 S	BB	F	100	Back	05/11/2020 OECS Invitational Swimming Championships
2:20.32 S	BB	F	200	Back	17/02/2021 Gallagher Invitational 2021
27.92 S		F	25	Breast	08/11/2013 23rd OECS Swimming hampionships
33.07 S		F	50	Breast	10/08/2020 FLOW SVG Nationals
1:15.30 S	BB	F	100	Breast	10/08/2020 FLOW SVG Nationals
3:35.77 S		F	200	Breast	10/02/2017 Scotiabank Invitational 2017
23.36 S		F	25	Fly	08/11/2013 23rd OECS Swimming hampionships
26.32 S		F	50	Fly	18/08/2022 SVG Gallagher National Swim Champs 2022
1:00.06 S	A	F	100	Fly	24/06/2021 SVGSF Time Trials - 2021
1:02.92 S		F	100	IM	17/02/2021 Gallagher Invitational 2021
2:20.71 S	A	F	200	IM	17/02/2021 Gallagher Invitational 2021
Amara Bailey (6) G					
25.90 S		F	25	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
Isabell Bailey (6) G					
40.58 S		T	25	Free	20/05/2022 Time trials - May 2022
Matthew Ballah (13) B					
15.09 S		F	25	Free	09/06/2019 Blue Marlins Development Meet
25.44 S	AAA	F	50	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
56.71 S	AAA	F	100	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
2:12.97 S	A	F	200	Free	17/02/2022 Gallagher Invitational 2022
4:49.33 S	A	F	400	Free	22/09/2021 SVG Gallagher National swimming Championships
21.42 S		F	25	Back	16/12/2017 Time Trials 2017 - December
29.15 S		F	50	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
1:02.68 S	AA	T	100	Back	20/05/2022 Time trials - May 2022
1:02.68 S	AA	F	100	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
2:25.88 S	A	F	200	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
21.12 S		F	25	Breast	09/06/2019 Blue Marlins Development Meet
35.20 S		F	50	Breast	17/02/2022 Gallagher Invitational 2022
1:19.23 S	BB	F	100	Breast	17/02/2022 Gallagher Invitational 2022
3:48.90 S		F	200	Breast	14/08/2019 FLOW SVG National Invitational Swimming Champ
17.78 S		F	25	Fly	09/06/2019 Blue Marlins Development Meet
27.53 S		F	50	Fly	18/08/2022 SVG Gallagher National Swim Champs 2022
1:04.25 S	AA	F	100	Fly	18/08/2022 SVG Gallagher National Swim Champs 2022
1:07.79 S		F	100	IM	22/09/2021 SVG Gallagher National swimming Championships
2:31.70 S	BB	F	200	IM	24/06/2021 SVGSF Time Trials - 2021
Tristan Ballah (16) B					
16.92 S		F	25	Free	10/09/2014 OECS Time Trials Challenge
26.90 S	A	F	50	Free	17/02/2021 Gallagher Invitational 2021
59.64 S	BB	F	100	Free	17/02/2021 Gallagher Invitational 2021
2:16.60 S	BB	F	200	Free	10/08/2020 FLOW SVG Nationals
5:04.01 S	B	F	400	Free	04/10/2019 OECS Trials - 2019
14:16.81 S		F	750	Free	31/07/2016 Bequia United Swim Club Open Water
13:26.18 S		F	800	Free	26/08/2016 The FLOW Invitational Swimming Championships
28:19.86 S		F	1500	Free	10/11/2016 26th Annual OECS Swimming Championships
24.85 S		F	25	Back	06/09/2013 OECS Time Trials - 2013

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Time	P/F/S	Event			
Tristan Ballah (16) B					
33.98 S	F	50 Back	22/09/2021	SVG Gallagher National swimming Championships	
1:15.98 S	F	100 Back	10/08/2020	FLOW SVG Nationals	
23.66 S	F	25 Breast	20/02/2014	Scotiabank Invitational	
31.98 S	F	50 Breast	22/09/2021	SVG Gallagher National swimming Championships	
1:13.29 S	A	100 Breast	17/02/2021	Gallagher Invitational 2021	
2:50.47 S	BB	200 Breast	10/08/2020	FLOW SVG Nationals	
21.30 S	F	25 Fly	07/11/2014	24th OECS Swimming Championships 2014	
29.69 S	F	50 Fly	24/06/2021	SVGSF Time Trials - 2021	
1:11.24 S	B	100 Fly	10/08/2020	FLOW SVG Nationals	
1:07.74 S	F	100 IM	17/02/2021	Gallagher Invitational 2021	
2:41.72 S	B	200 IM	28/09/2018	OECS Trials - 2018	
Seth Byron (13) B					
14.51 S	F	25 Free	09/06/2019	Blue Marlins Development Meet	
27.47 S	A	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:01.76 S	A	100 Free	10/12/2021	BSSS Time trials	
2:14.56 S	A	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
4:48.91 S	A	400 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
10:15.89 S	BB	800 Free	22/09/2021	SVG Gallagher National swimming Championships	
21:55.90 S	B	1500 Free	12/02/2020	CGM Invitational Swimming Championships	
20.47 S	F	25 Back	10/11/2017	27TH OECS SWIMMING CHAMPIONSHIPS 2017	
34.71 S	F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:15.83 S	B	100 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:43.40 S	B	200 Back	17/02/2021	Gallagher Invitational 2021	
20.83 S	F	25 Breast	09/06/2019	Blue Marlins Development Meet	
36.50 S	F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:21.77 S	BB	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:00.34 S	BB	200 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
16.75 S	F	25 Fly	09/06/2019	Blue Marlins Development Meet	
32.22 S	F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:20.06 S	F	100 Fly	17/02/2022	Gallagher Invitational 2022	
1:14.93 S	F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	
2:39.56 S	BB	200 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
6:23.33 S	F	400 IM	12/02/2020	CGM Invitational Swimming Championships	
Shane Cadogan (20) B					
23.46 S	F	50 Free	09/07/2022	XXXIV CCCAN SWIMMING CHAMPIONSHIPS 2022	
52.71 S	P	100 Free	06/12/2019	71st Annual Husky Invitational (SCY)	
2:01.74 S	F	200 Free	08/11/2019	29th Annual OECS Swimming Championships	
4:30.03 S	F	400 Free	08/11/2019	29th Annual OECS Swimming Championships	
10:00.56 S	F	800 Free	12/02/2016	The SAC Scotiabank Invitational	
27.44 S	F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:04.93 S	F	100 Back	08/11/2018	28th Annual OECS Swimming Championships	
2:40.11 S	F	200 Back	02/09/2015	The SAC LIME Invitational Challenge	
28.89 S	P	50 Breast	29/07/2022	Commonwealth Games - 2022	
1:05.40 S	F	100 Breast	03/03/2020	The 2020 BASA Long Course National Champs	
2:28.09 S	P	200 Breast	06/12/2019	71st Annual Husky Invitational (SCY)	
25.46 S	F	50 Fly	20/07/2018	XXIII Juegos CAC-Barranquilla 2018	
59.42 S	T	100 Fly	09/05/2020	Time Trials 2020 - May/June	
2:43.05 S	F	200 Fly	02/09/2015	The SAC LIME Invitational Challenge	
1:00.44 S	T	100 IM	09/05/2020	Time Trials 2020 - May/June	
2:13.73 S	P	200 IM	06/12/2019	71st Annual Husky Invitational (SCY)	
5:13.64 S	F	400 IM	26/08/2016	The FLOW Invitational Swimming Championships	
Kathryn Cumberbatch (12) G					
16.17 S	F	25 Free	09/06/2019	Blue Marlins Development Meet	
29.77 S	AA	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:08.46 S	A	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:34.57 S	BB	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	

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Kathryn Cumberbatch (12) G					
5:29.72	S BB F	400 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
12:19.54	S B F	800 Free	17/02/2021	Gallagher Invitational 2021	
22.46	S F	25 Back	28/09/2018	OECS Trials - 2018	
34.24	S AA F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:14.32	S AA F	100 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:57.88	S BB F	200 Back	17/02/2021	Gallagher Invitational 2021	
22.20	S F	25 Breast	09/06/2019	Blue Marlins Development Meet	
39.51	S A F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:27.00	S A F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:19.02	S BB F	200 Breast	22/09/2021	SVG Gallagher National swimming Championships	
19.19	S F	25 Fly	09/06/2019	Blue Marlins Development Meet	
33.41	S A F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:23.31	S BB F	100 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:16.80	S A F	100 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:54.91	S BB F	200 IM	22/09/2021	SVG Gallagher National swimming Championships	
Benjamin Cyrus (11) B					
17.99	S F	25 Free	04/10/2019	OECS Trials - 2019	
34.28	S B F	50 Free	24/06/2021	SVGSF Time Trials - 2021	
1:20.56	S F	100 Free	22/09/2021	SVG Gallagher National swimming Championships	
3:05.91	S F	200 Free	05/11/2020	OECS Invitational Swimming Championships	
22.22	S F	25 Back	04/10/2019	OECS Trials - 2019	
39.64	S B F	50 Back	24/06/2021	SVGSF Time Trials - 2021	
1:33.04	S T	100 Back	20/05/2022	Time trials - May 2022	
22.48	S F	25 Breast	04/10/2019	OECS Trials - 2019	
45.33	S B F	50 Breast	24/06/2021	SVGSF Time Trials - 2021	
1:39.74	S B F	100 Breast	24/06/2021	SVGSF Time Trials - 2021	
21.20	S F	25 Fly	04/10/2019	OECS Trials - 2019	
41.59	S F	50 Fly	24/06/2021	SVGSF Time Trials - 2021	
1:29.31	S B F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	
3:20.87	S F	200 IM	17/02/2021	Gallagher Invitational 2021	
Ari DaSilva (7) G					
25.73	S F	25 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
32.22	S F	25 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
41.26	S F	25 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
Kevern DaSilva (14) G					
18.95	S F	25 Free	10/11/2016	26th Annual OECS Swimming Championships	
28.58	S AA F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:03.77	S AA F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:28.49	S BB F	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
5:40.33	S B F	400 Free	05/11/2020	OECS Invitational Swimming Championships	
23.14	S F	25 Back	10/11/2016	26th Annual OECS Swimming Championships	
31.46	S F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:09.68	S AA F	100 Back	24/06/2021	SVGSF Time Trials - 2021	
2:33.70	S A F	200 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
27.91	S F	25 Breast	14/10/2016	OECS Time Trials 2016	
40.82	S F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:31.43	S B F	100 Breast	10/08/2020	FLOW SVG Nationals	
3:25.17	S B F	200 Breast	12/02/2020	CGM Invitational Swimming Championships	
22.94	S F	25 Fly	14/10/2016	OECS Time Trials 2016	
31.83	S F	50 Fly	10/08/2020	FLOW SVG Nationals	
1:14.15	S BB F	100 Fly	05/11/2020	OECS Invitational Swimming Championships	
1:12.84	S F	100 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:46.48	S BB F	200 IM	05/11/2020	OECS Invitational Swimming Championships	
Mya Defreitas (16) G					
15.61	S F	25 Free	05/04/2018	RHAC 19th Invitational 2018	

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Time	P/F/S	Event			
Mya Defreitas (16) G					
27.77 S	AAA F	50 Free	24/07/2021	Olympic Games - Tokyo 2020	
1:01.20 S	AA F	100 Free	03/03/2020	The 2020 BASA Long Course National Champs	
2:12.28 S	AA F	200 Free	12/07/2019	World Championships	
4:35.48 S	AAA T	400 Free	09/05/2020	Time Trials 2020 - May/June	
9:38.41 S	AA F	800 Free	11/12/2019	ASATT Invitational Swimming Championship 2019	
18:50.20 S	AA F	1500 Free	12/02/2020	CGM Invitational Swimming Championships	
26.60 S	F	25 Back	07/11/2014	24th OECS Swimming Championships 2014	
33.33 S	T	50 Back	20/05/2022	Time trials - May 2022	
1:13.89 S	BB F	100 Back	22/09/2021	SVG Gallagher National swimming Championships	
2:42.19 S	BB F	200 Back	10/08/2020	FLOW SVG Nationals	
32.03 S	F	25 Breast	07/11/2014	24th OECS Swimming Championships 2014	
38.36 S	F	50 Breast	05/11/2020	OECS Invitational Swimming Championships	
1:23.48 S	BB F	100 Breast	10/08/2020	FLOW SVG Nationals	
3:03.86 S	BB F	200 Breast	10/08/2020	FLOW SVG Nationals	
26.43 S	F	25 Fly	07/11/2014	24th OECS Swimming Championships 2014	
30.19 S	F	50 Fly	11/12/2019	ASATT Invitational Swimming Championship 2019	
1:07.65 S	AA T	100 Fly	09/05/2020	Time Trials 2020 - May/June	
2:40.67 S	BB F	200 Fly	03/12/2019	The BASA Short Course National Championships	
1:11.07 S	T	100 IM	09/05/2020	Time Trials 2020 - May/June	
2:36.13 S	A T	200 IM	09/05/2020	Time Trials 2020 - May/June	
5:37.88 S	A F	400 IM	15/02/2019	The CGM Invitational Swimming Championships	
Nicholas Defrietas (11) B					
17.56 S	F	25 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
38.25 S	T	50 Free	20/05/2022	Time trials - May 2022	
1:30.83 S	F	100 Free	04/10/2019	OECS Trials - 2019	
3:14.60 S	F	200 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
22.13 S	F	25 Back	08/11/2019	29th Annual OECS Swimming Championships	
45.98 S	F	50 Back	24/06/2021	SVGSF Time Trials - 2021	
1:46.36 S	F	100 Back	24/06/2021	SVGSF Time Trials - 2021	
24.32 S	F	25 Breast	04/10/2019	OECS Trials - 2019	
53.51 S	T	50 Breast	20/05/2022	Time trials - May 2022	
1:58.75 S	F	100 Breast	12/02/2020	CGM Invitational Swimming Championships	
4:09.64 S	F	200 Breast	12/02/2020	CGM Invitational Swimming Championships	
20.05 S	F	25 Fly	04/10/2019	OECS Trials - 2019	
46.35 S	F	50 Fly	12/02/2020	CGM Invitational Swimming Championships	
1:40.50 S	F	100 IM	12/02/2020	CGM Invitational Swimming Championships	
3:48.02 S	F	200 IM	12/02/2020	CGM Invitational Swimming Championships	
Abigail Deshong (15) G					
20.53 S	F	25 Free	18/12/2015	Black Sands Invitational Sprint Swim Meet	
28.08 S	AA F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:02.86 S	AA F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:21.43 S	A F	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
5:21.34 S	BB F	400 Free	04/10/2019	OECS Trials - 2019	
14:14.04 S	F	800 Free	10/02/2017	Scotiabank Invitational 2017	
26.09 S	F	25 Back	18/12/2015	Black Sands Invitational Sprint Swim Meet	
30.93 S	F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:12.65 S	BB F	100 Back	22/09/2021	SVG Gallagher National swimming Championships	
2:51.33 S	B F	200 Back	17/02/2022	Gallagher Invitational 2022	
24.62 S	F	25 Breast	18/12/2015	Black Sands Invitational Sprint Swim Meet	
35.24 S	F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:18.47 S	AA F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:06.93 S	BB F	200 Breast	17/02/2022	Gallagher Invitational 2022	
21.77 S	F	25 Fly	10/10/2015	Blue Marlins Development 8 & Under Meet	
29.10 S	T	50 Fly	17/02/2022	Gallagher Invitational 2022	
1:07.26 S	AA T	100 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:11.68 S	F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	

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Time	P/F/S	Event				
Abigail Deshong (15) G						
2:37.90	S A F	200 IM	18/08/2022	SVG Gallagher National Swim Champs 2022		
6:27.45	S B F	400 IM	14/08/2019	FLOW SVG National Invitational Swimming Champ		
Kione Deshong (9) B						
16.33	S F	25 Free	24/06/2021	SVGSF Time Trials - 2021		
34.18	S A F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:20.41	S BB F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
3:02.40	S BB F	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
6:29.92	S BB F	400 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
20.36	S F	25 Back	22/09/2021	SVG Gallagher National swimming Championships		
43.24	S BB F	50 Back	17/02/2022	Gallagher Invitational 2022		
1:33.30	S BB F	100 Back	18/08/2022	SVG Gallagher National Swim Champs 2022		
20.75	S F	25 Breast	22/09/2021	SVG Gallagher National swimming Championships		
42.06	S AA F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:37.12	S A F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022		
20.46	S F	25 Fly	05/11/2020	OECS Invitational Swimming Championships		
41.83	S BB F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:38.58	S BB F	100 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:33.73	S BB F	100 IM	18/08/2022	SVG Gallagher National Swim Champs 2022		
3:14.38	S BB F	200 IM	18/08/2022	SVG Gallagher National Swim Champs 2022		
Clarice Drakes (6) G						
33.09	S F	25 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
Brandon George (14) B						
16.78	S F	25 Free	14/10/2016	OECS Time Trials 2016		
25.60	S AAA F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
56.43	S AAA F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022		
2:10.66	S A F	200 Free	05/11/2020	OECS Invitational Swimming Championships		
4:36.84	S AA F	400 Free	17/02/2021	Gallagher Invitational 2021		
9:39.12	S A F	800 Free	17/02/2021	Gallagher Invitational 2021		
20:58.78	S B F	1500 Free	12/02/2020	CGM Invitational Swimming Championships		
20.79	S F	25 Back	10/11/2016	26th Annual OECS Swimming Championships		
29.12	S F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:00.89	S AAA F	100 Back	18/08/2022	SVG Gallagher National Swim Champs 2022		
2:16.25	S AAA F	200 Back	18/08/2022	SVG Gallagher National Swim Champs 2022		
23.45	S F	25 Breast	14/10/2016	OECS Time Trials 2016		
32.66	S F	50 Breast	02/03/2022	BASA LONG COURSE NATIONAL CHAMPIONSHIPS		
1:13.99	S A F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022		
2:52.79	S BB F	200 Breast	17/02/2021	Gallagher Invitational 2021		
18.90	S F	25 Fly	31/03/2016	RHAC 17th Invitational Swim Meet		
27.99	S F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:06.15	S A F	100 Fly	05/11/2020	OECS Invitational Swimming Championships		
1:03.76	S F	100 IM	22/09/2021	SVG Gallagher National swimming Championships		
2:27.59	S A F	200 IM	07/12/2021	BASA Short Course National Championships 2021		
7:56.83	S F	400 IM	10/02/2017	Scotiabank Invitational 2017		
Bryson George (17) B						
14.99	S S	25 Free	06/04/2017	18th RHAC Invitational 2017		
24.54	S AA T	50 Free	20/05/2022	Time trials - May 2022		
54.72	S L AA F	100 Free	16/04/2022	XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022		
2:02.59	S A F	200 Free	10/08/2020	FLOW SVG Nationals		
4:28.20	S A F	400 Free	10/08/2020	FLOW SVG Nationals		
9:49.37	S BB F	800 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ		
22:49.67	S F	1500 Free	26/11/2016	SAC Time Trials - Nov 16		
22.76	S F	25 Back	08/11/2013	23rd OECS Swimming hampionships		
28.78	S F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022		
1:07.74	S BB F	100 Back	05/11/2020	OECS Invitational Swimming Championships		
2:43.53	S F	200 Back	14/08/2019	FLOW SVG National Invitational Swimming Champ		

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Time	P/F/S	Event			
Bryson George (17) B					
24.43 S		F	25	Breast	08/11/2013 23rd OECS Swimming championships
29.99 S		P	50	Breast	16/12/2021 World Championships (25M) 2021
1:07.73 S	AA	P	100	Breast	16/12/2021 World Championships (25M) 2021
2:36.21 S	A	F	200	Breast	14/08/2019 FLOW SVG National Invitational Swimming Champ
23.37 S		F	25	Fly	08/11/2013 23rd OECS Swimming championships
26.66 S		F	50	Fly	18/08/2022 SVG Gallagher National Swim Champs 2022
59.62 S	AA	F	100	Fly	18/08/2022 SVG Gallagher National Swim Champs 2022
2:49.35 S		F	200	Fly	17/08/2018 The FLOW Invitational Swimming Championships
1:02.33 S		F	100	IM	17/02/2021 Gallagher Invitational 2021
2:21.29 S	A	F	200	IM	18/08/2022 SVG Gallagher National Swim Champs 2022
5:23.93 S	BB	F	400	IM	14/08/2019 FLOW SVG National Invitational Swimming Champ
Jonathan George (8) B					
28.91 S		F	25	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
39.49 S		F	25	Breast	18/08/2022 SVG Gallagher National Swim Champs 2022
Kennice Greene (14) G					
16.59 S		F	25	Free	10/11/2016 26th Annual OECS Swimming Championships
27.01 S	AAAA	F	50	Free	27/05/2022 The 30th Aquatic Centre International 2022
1:00.33 S	AAA	F	100	Free	27/05/2022 The 30th Aquatic Centre International 2022
2:16.09 S	AA	F	200	Free	22/09/2021 SVG Gallagher National swimming Championships
4:55.15 S	A	F	400	Free	22/09/2021 SVG Gallagher National swimming Championships
10:21.22 S	A	F	800	Free	10/08/2020 FLOW SVG Nationals
21:10.57 S	BB	F	1500	Free	12/02/2020 CGM Invitational Swimming Championships
20.54 S		F	25	Back	10/11/2016 26th Annual OECS Swimming Championships
32.80 S		F	50	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
1:12.92 S	A	F	100	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
2:43.50 S	BB	F	200	Back	17/02/2021 Gallagher Invitational 2021
22.97 S		F	25	Breast	10/11/2016 26th Annual OECS Swimming Championships
38.97 S		F	50	Breast	22/09/2021 SVG Gallagher National swimming Championships
1:26.33 S	BB	F	100	Breast	18/08/2022 SVG Gallagher National Swim Champs 2022
3:15.46 S	BB	F	200	Breast	10/08/2020 FLOW SVG Nationals
18.13 S		F	25	Fly	10/11/2016 26th Annual OECS Swimming Championships
29.20 S		F	50	Fly	16/04/2022 XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022
1:05.98 S	AAA	F	100	Fly	16/04/2022 XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022
3:01.53 S	B	F	200	Fly	14/08/2019 FLOW SVG National Invitational Swimming Champ
1:11.04 S		F	100	IM	18/08/2022 SVG Gallagher National Swim Champs 2022
2:33.07 S	AA	F	200	IM	18/08/2022 SVG Gallagher National Swim Champs 2022
6:07.31 S	BB	F	400	IM	12/02/2020 CGM Invitational Swimming Championships
Ayibanua (Nua) Griffith (7) G					
21.34 S		F	25	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
Ebi Griffith (9) G					
58.92 S		F	50	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
Zizi Griffith (11) G					
46.65 S		F	50	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
Tia Gun-Munro (16) G					
17.74 S		F	25	Free	08/06/2014 Blue Marlins Developmental Meet
27.85 S	AAA	T	50	Free	20/05/2022 Time trials - May 2022
1:02.74 S	AA	T	100	Free	20/05/2022 Time trials - May 2022
2:17.85 S	A	F	200	Free	18/08/2022 SVG Gallagher National Swim Champs 2022
5:14.36 S	BB	F	400	Free	04/03/2019 The BASA Long Course National Championships
28:37.30 S		F	1500	Free	10/11/2016 26th Annual OECS Swimming Championships
22.87 S		F	25	Back	10/04/2014 15th RHAC Invitational Swim Meet
35.46 S		F	50	Back	18/08/2022 SVG Gallagher National Swim Champs 2022
1:27.69 S		F	100	Back	08/11/2019 29th Annual OECS Swimming Championships
23.17 S		F	25	Breast	08/06/2014 Blue Marlins Developmental Meet
35.71 S		T	50	Breast	20/05/2022 Time trials - May 2022

Individual Top Times

Convert To: SC Print: SC

Time	P/F/S	Event			
Tia Gun-Munro (16) G					
1:19.22 S	A T	100 Breast	20/05/2022	Time trials - May 2022	
2:56.23 S	A F	200 Breast	22/09/2021	SVG Gallagher National swimming Championships	
19.86 S	F	25 Fly	08/06/2014	Blue Marlins Developmental Meet	
31.23 S	P	50 Fly	16/04/2022	XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022	
1:18.18 S	B F	100 Fly	08/11/2019	29th Annual OECS Swimming Championships	
1:25.93 S	F	100 IM	10/11/2016	26th Annual OECS Swimming Championships	
2:40.76 S	BB F	200 IM	24/06/2021	SVGSF Time Trials - 2021	
Ira Hadley (6) G					
23.81 S	T	25 Free	20/05/2022	Time trials - May 2022	
54.79 S	F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
36.36 S	F	25 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
Joseph Hadley (12) B					
16.07 S	F	25 Free	09/06/2019	Blue Marlins Development Meet	
31.41 S	BB T	50 Free	20/05/2022	Time trials - May 2022	
1:09.94 S	BB F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:40.02 S	B F	200 Free	05/11/2020	OECS Invitational Swimming Championships	
5:41.78 S	B F	400 Free	24/06/2021	SVGSF Time Trials - 2021	
21.48 S	F	25 Back	28/09/2018	OECS Trials - 2018	
38.21 S	BB F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:25.07 S	B F	100 Back	10/08/2020	FLOW SVG Nationals	
21.52 S	F	25 Breast	09/06/2019	Blue Marlins Development Meet	
42.56 S	BB T	50 Breast	20/05/2022	Time trials - May 2022	
1:34.30 S	BB F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:31.81 S	B F	200 Breast	10/08/2020	FLOW SVG Nationals	
18.84 S	F	25 Fly	09/06/2019	Blue Marlins Development Meet	
37.13 S	BB F	50 Fly	22/09/2021	SVG Gallagher National swimming Championships	
1:23.57 S	B F	100 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:01.48 S	BB F	200 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
Nevaeh Henry (5) G					
47.29 S	F	25 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
Alexander Joachim (18) B					
14.00 S	F	25 Free	31/03/2016	RHAC 17th Invitational Swim Meet	
23.80 S	AAA F	50 Free	20/08/2019	7th FINA World Junior Swimming Championships	
52.69 S	AAA F	100 Free	20/08/2019	7th FINA World Junior Swimming Championships	
2:00.30 S	AA F	200 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
4:17.07 S	AA F	400 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
8:59.87 S	AA F	800 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
18:18.77 S	BB F	1500 Free	06/08/2017	Time Trials - August 2017	
22.06 S	F	25 Back	09/11/2012	OECS Champs - 2012	
27.90 S	F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:05.17 S	BB F	100 Back	10/08/2020	FLOW SVG Nationals	
2:23.71 S	BB F	200 Back	10/08/2020	FLOW SVG Nationals	
22.40 S	F	25 Breast	09/11/2012	OECS Champs - 2012	
30.35 S	F	50 Breast	20/08/2019	7th FINA World Junior Swimming Championships	
1:06.14 S	AAA F	100 Breast	12/07/2019	World Championships	
2:27.15 S	AA F	200 Breast	20/08/2019	7th FINA World Junior Swimming Championships	
18.36 S	F	25 Fly	09/11/2012	OECS Champs - 2012	
25.72 S	F	50 Fly	20/08/2019	7th FINA World Junior Swimming Championships	
57.45 S	AAA F	100 Fly	20/08/2019	7th FINA World Junior Swimming Championships	
2:12.13 S	AA F	200 Fly	14/08/2019	FLOW SVG National Invitational Swimming Champ	
1:01.65 S	F	100 IM	03/03/2020	OFSAA Championship 2020	
2:15.00 S	AA F	200 IM	14/08/2019	FLOW SVG National Invitational Swimming Champ	
4:56.54 S	A F	400 IM	24/08/2017	The FLOW Invitational Swimming Championships	
Jamie Joachim (14) G					
17.12 S	F	25 Free	13/05/2016	CGM Sprint Challenge	

Individual Top Times

Convert To: SC Print: SC

Time	P/F/S	Event
Jamie Joachim (14) G		
27.21 S L AAA	F	50 Free 16/04/2022 XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022
1:01.36 S AAA	F	100 Free 10/08/2020 FLOW SVG Nationals
2:14.00 S AA	F	200 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
4:51.68 S AA	F	400 Free 17/02/2021 Gallagher Invitational 2021
10:10.35 S A	F	800 Free 17/02/2021 Gallagher Invitational 2021
20:43.25 S BB	F	1500 Free 14/08/2019 FLOW SVG National Invitational Swimming Champ
22.29 S	F	25 Back 10/11/2016 26th Annual OECS Swimming Championships
32.14 S	F	50 Back 10/08/2020 FLOW SVG Nationals
1:09.06 S AA	F	100 Back 10/08/2020 FLOW SVG Nationals
2:32.94 S A	F	200 Back 10/08/2020 FLOW SVG Nationals
24.43 S	F	25 Breast 10/11/2016 26th Annual OECS Swimming Championships
39.24 S	F	50 Breast 17/02/2022 Gallagher Invitational 2022
1:26.23 S BB	F	100 Breast 24/06/2021 SVGSF Time Trials - 2021
3:03.77 S BB	F	200 Breast 10/08/2020 FLOW SVG Nationals
19.01 S	F	25 Fly 10/11/2016 26th Annual OECS Swimming Championships
30.20 S	P	50 Fly 29/07/2022 Commonwealth Games - 2022
1:09.21 S AA	F	100 Fly 06/04/2022 21st RHAC Invitational Swim Meet
2:50.06 S BB	F	200 Fly 06/04/2022 21st RHAC Invitational Swim Meet
1:11.26 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:36.51 S A	T	200 IM 09/05/2020 Time Trials 2020 - May/June
5:57.27 S BB	F	400 IM 06/12/2019 Lucian Grand Prix 2019
Anniah John (6) G		
29.96 S	F	25 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
Kyle John (22) B		
26.11 S	T	50 Free 10/08/2020 FLOW SVG Nationals
59.26 S	F	100 Free 10/08/2020 FLOW SVG Nationals
2:15.83 S	F	200 Free 05/11/2020 OECS Invitational Swimming Championships
5:14.23 S	F	400 Free 08/11/2019 29th Annual OECS Swimming Championships
12:00.11 S	F	800 Free 26/11/2016 SAC Time Trials - Nov 16
32.61 S	F	50 Back 22/12/2018 Time Trials - December 2018
1:15.05 S	T	100 Back 15/02/2019 The CGM Invitational Swimming Championships
3:01.35 S	F	200 Back 05/04/2018 RHAC 19th Invitational 2018
36.09 S	F	50 Breast 10/08/2020 FLOW SVG Nationals
1:19.88 S	F	100 Breast 08/11/2019 29th Annual OECS Swimming Championships
3:33.80 S	F	200 Breast 20/02/2015 Time Trials Challenge - 2015
28.82 S	F	50 Fly 04/03/2019 The BASA Long Course National Championships
1:06.24 S	F	100 Fly 10/08/2020 FLOW SVG Nationals
1:08.61 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:33.57 S	F	200 IM 05/11/2020 OECS Invitational Swimming Championships
Kentreal Kydd (15) B		
34.68 S	F	50 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
1:19.83 S	F	100 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
42.36 S	F	50 Back 18/08/2022 SVG Gallagher National Swim Champs 2022
59.10 S	F	50 Breast 18/08/2022 SVG Gallagher National Swim Champs 2022
Eltonique Leonard (11) G		
15.53 S	F	25 Free 08/11/2019 29th Annual OECS Swimming Championships
29.30 S AAA	T	50 Free 20/05/2022 Time trials - May 2022
1:07.23 S A	T	100 Free 20/05/2022 Time trials - May 2022
2:34.86 S BB	F	200 Free 17/02/2022 Gallagher Invitational 2022
5:29.34 S BB	F	400 Free 17/02/2022 Gallagher Invitational 2022
12:00.79 S BB	F	800 Free 10/08/2020 FLOW SVG Nationals
19.80 S	F	25 Back 08/11/2019 29th Annual OECS Swimming Championships
37.13 S BB	F	50 Back 17/02/2022 Gallagher Invitational 2022
1:19.28 S A	F	100 Back 18/08/2022 SVG Gallagher National Swim Champs 2022
2:58.81 S BB	F	200 Back 18/08/2022 SVG Gallagher National Swim Champs 2022

Individual Top Times

Convert To: SC Print: SC

Time	P/F/S	Event			
Eltonique Leonard (11) G					
19.55 S	F	25 Breast	08/11/2019	29th Annual OECS Swimming Championships	
40.12 S	A F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:29.21 S	BB F	100 Breast	24/06/2021	SVGSF Time Trials - 2021	
3:17.90 S	BB F	200 Breast	22/09/2021	SVG Gallagher National swimming Championships	
16.00 S	F	25 Fly	08/11/2019	29th Annual OECS Swimming Championships	
33.23 S	AA F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:21.23 S	BB F	100 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:29.43 S	F	200 Fly	10/08/2020	FLOW SVG Nationals	
1:17.97 S	A F	100 IM	24/06/2021	SVGSF Time Trials - 2021	
2:53.05 S	BB F	200 IM	22/09/2021	SVG Gallagher National swimming Championships	
Eltonte Leonard (15) B					
16.07 S	F	25 Free	18/12/2015	Black Sands Invitational Sprint Swim Meet	
24.52 S	AAA P	50 Free	16/12/2021	World Championships (25M) 2021	
55.97 S	AA F	100 Free	17/02/2022	Gallagher Invitational 2022	
2:12.02 S	BB F	200 Free	22/09/2021	SVG Gallagher National swimming Championships	
4:53.60 S	BB F	400 Free	10/08/2020	FLOW SVG Nationals	
10:29.60 S	B F	800 Free	12/02/2020	CGM Invitational Swimming Championships	
21.55 S	F	25 Back	05/11/2015	25th Annual OECS Swimming Championships	
30.11 S	F	50 Back	17/02/2022	Gallagher Invitational 2022	
1:05.88 S	BB F	100 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:28.19 S	BB F	200 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
22.76 S	F	25 Breast	18/12/2015	Black Sands Invitational Sprint Swim Meet	
33.65 S	P	50 Breast	30/06/2022	Caribbean Games	
1:13.65 S	BB F	100 Breast	22/09/2021	SVG Gallagher National swimming Championships	
2:41.37 S	BB F	200 Breast	22/09/2021	SVG Gallagher National swimming Championships	
19.19 S	F	25 Fly	05/11/2015	25th Annual OECS Swimming Championships	
26.86 S	P	50 Fly	16/04/2022	XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022	
1:01.69 S	AA F	100 Fly	22/09/2021	SVG Gallagher National swimming Championships	
1:05.07 S	F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	
2:23.99 S	A F	200 IM	22/09/2021	SVG Gallagher National swimming Championships	
5:35.76 S	BB F	400 IM	12/02/2020	CGM Invitational Swimming Championships	
Anwar Medjahed (18) B					
27.08 S	BB T	50 Free	22/09/2021	SVG Gallagher National swimming Championships	
1:03.36 S	B F	100 Free	22/09/2021	SVG Gallagher National swimming Championships	
2:37.41 S	F	200 Free	28/09/2018	OECS Trials - 2018	
6:20.86 S	F	400 Free	23/06/2018	Time Trials - June 23, 2018	
39.03 S	F	50 Back	14/08/2019	FLOW SVG National Invitational Swimming Champ	
34.25 S	F	50 Breast	22/09/2021	SVG Gallagher National swimming Championships	
1:16.38 S	BB F	100 Breast	22/09/2021	SVG Gallagher National swimming Championships	
3:06.02 S	F	200 Breast	14/08/2019	FLOW SVG National Invitational Swimming Champ	
31.40 S	F	50 Fly	22/09/2021	SVG Gallagher National swimming Championships	
2:49.78 S	F	200 IM	04/10/2019	OECS Trials - 2019	
Zariel Nelson (13) G					
14.60 S	F	25 Free	16/12/2017	Time Trials 2017 - December	
27.52 S	AAA F	50 Free	16/04/2022	XXXV CARIFTA SWIMMING CHAMPIONSHIPS 2022	
1:02.08 S	AA F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:21.74 S	A F	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
5:28.37 S	BB F	400 Free	12/02/2020	CGM Invitational Swimming Championships	
11:46.52 S	B F	800 Free	12/02/2020	CGM Invitational Swimming Championships	
19.81 S	F	25 Back	24/08/2017	The FLOW Invitational Swimming Championships	
36.07 S	F	50 Back	17/02/2021	Gallagher Invitational 2021	
1:22.53 S	B F	100 Back	05/11/2020	OECS Invitational Swimming Championships	
20.82 S	F	25 Breast	10/11/2017	27TH OECS SWIMMING CHAMPIONSHIPS 2017	
41.47 S	F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:28.85 S	BB F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:28.35 S	B F	200 Breast	12/02/2020	CGM Invitational Swimming Championships	

Individual Top Times

Convert To: SC Print: SC

Time	P/F/S	Event			
Zariel Nelson (13) G					
17.24 S	F	25 Fly	10/11/2017	27TH OECS SWIMMING CHAMPIONSHIPS 2017	
30.88 S	F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:13.46 S	BB F	100 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:18.31 S	F	100 IM	17/02/2022	Gallagher Invitational 2022	
2:48.91 S	BB F	200 IM	18/08/2022	SVG Gallagher National Swim Champs 2022	
6:30.05 S	B F	400 IM	12/02/2020	CGM Invitational Swimming Championships	
Keyana Paudel (11) G					
47.72 S	F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:38.47 S	F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
56.61 S	T	50 Back	20/05/2022	Time trials - May 2022	
59.38 S	F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
Arielle Pierre (11) G					
17.74 S	F	25 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
34.86 S	B F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:26.32 S	F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
3:12.69 S	F	200 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
23.78 S	F	25 Back	04/10/2019	OECS Trials - 2019	
43.91 S	F	50 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:43.65 S	F	100 Back	17/02/2022	Gallagher Invitational 2022	
23.31 S	F	25 Breast	04/10/2019	OECS Trials - 2019	
46.11 S	B F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:45.47 S	F	100 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
19.59 S	F	25 Fly	14/08/2019	FLOW SVG National Invitational Swimming Champ	
38.84 S	B F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:44.31 S	T	100 Fly	20/05/2022	Time trials - May 2022	
1:35.37 S	F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	
3:35.24 S	F	200 IM	17/02/2022	Gallagher Invitational 2022	
Louichya Premraj (9) G					
1:11.35 S	F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
Nevaeh Quammie (5) G					
31.39 S	F	25 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
34.16 S	F	25 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
Nia Quashie (8) G					
18.43 S	F	25 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
47.47 S	F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
27.65 S	F	25 Back	18/08/2022	SVG Gallagher National Swim Champs 2022	
28.80 S	F	25 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:10.15 S	F	50 Breast	18/08/2022	SVG Gallagher National Swim Champs 2022	
Jemani Robinson (17) B					
27.69 S	BB F	50 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:00.76 S	BB F	100 Free	18/08/2022	SVG Gallagher National Swim Champs 2022	
2:19.67 S	B F	200 Free	24/06/2021	SVGSF Time Trials - 2021	
5:10.38 S	B T	400 Free	09/05/2020	Time Trials 2020 - May/June	
11:42.36 S	F	800 Free	14/08/2019	FLOW SVG National Invitational Swimming Champ	
33.26 S	F	50 Back	22/09/2021	SVG Gallagher National swimming Championships	
1:14.59 S	F	100 Back	10/08/2020	FLOW SVG Nationals	
2:41.79 S	F	200 Back	17/02/2021	Gallagher Invitational 2021	
35.01 S	T	50 Breast	10/12/2021	BSSS Time trials	
1:16.26 S	BB F	100 Breast	17/02/2022	Gallagher Invitational 2022	
2:49.49 S	BB F	200 Breast	22/09/2021	SVG Gallagher National swimming Championships	
31.18 S	F	50 Fly	18/08/2022	SVG Gallagher National Swim Champs 2022	
1:11.61 S	B F	100 Fly	22/09/2021	SVG Gallagher National swimming Championships	
1:11.80 S	F	100 IM	22/09/2021	SVG Gallagher National swimming Championships	
2:34.23 S	B F	200 IM	24/06/2021	SVGSF Time Trials - 2021	
6:30.68 S	F	400 IM	14/08/2019	FLOW SVG National Invitational Swimming Champ	

Individual Top Times

Convert To: SC Print: SC

Time	P/F/S	Event
Rhema Robinson (15) G		
28.31 S	AA S	50 Free 10/08/2020 FLOW SVG Nationals
1:03.99 S	A T	100 Free 10/08/2020 FLOW SVG Nationals
2:29.68 S	BB T	200 Free 09/05/2020 Time Trials 2020 - May/June
5:31.31 S	B T	400 Free 09/05/2020 Time Trials 2020 - May/June
12:46.15 S	F	800 Free 17/08/2018 The FLOW Invitational Swimming Championships
36.83 S	F	50 Back 05/11/2020 OECS Invitational Swimming Championships
1:21.66 S	B F	100 Back 05/11/2020 OECS Invitational Swimming Championships
3:18.33 S	F	200 Back 15/02/2019 The CGM Invitational Swimming Championships
37.26 S	F	50 Breast 10/08/2020 FLOW SVG Nationals
1:20.30 S	A T	100 Breast 09/05/2020 Time Trials 2020 - May/June
2:55.90 S	A F	200 Breast 10/08/2020 FLOW SVG Nationals
33.08 S	F	50 Fly 10/08/2020 FLOW SVG Nationals
1:26.60 S	F	100 Fly 12/02/2020 CGM Invitational Swimming Championships
1:14.02 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:44.18 S	BB F	200 IM 10/08/2020 FLOW SVG Nationals
6:38.23 S	F	400 IM 14/08/2019 FLOW SVG National Invitational Swimming Champ
Tyler Robinson (11) B		
15.81 S	F	25 Free 08/11/2019 29th Annual OECS Swimming Championships
30.37 S	A S	50 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
1:08.98 S	BB F	100 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
2:37.04 S	BB F	200 Free 18/08/2022 SVG Gallagher National Swim Champs 2022
5:46.01 S	B F	400 Free 10/08/2020 FLOW SVG Nationals
12:00.95 S	B F	800 Free 10/08/2020 FLOW SVG Nationals
20.06 S	F	25 Back 04/10/2019 OECS Trials - 2019
36.84 S	BB F	50 Back 22/09/2021 SVG Gallagher National swimming Championships
1:20.92 S	BB F	100 Back 18/08/2022 SVG Gallagher National Swim Champs 2022
3:09.06 S	B F	200 Back 10/08/2020 FLOW SVG Nationals
20.50 S	F	25 Breast 08/11/2019 29th Annual OECS Swimming Championships
38.88 S	A F	50 Breast 18/08/2022 SVG Gallagher National Swim Champs 2022
1:28.60 S	BB F	100 Breast 18/08/2022 SVG Gallagher National Swim Champs 2022
3:23.48 S	B F	200 Breast 22/09/2021 SVG Gallagher National swimming Championships
17.84 S	F	25 Fly 14/08/2019 FLOW SVG National Invitational Swimming Champ
33.03 S	A F	50 Fly 24/06/2021 SVGSF Time Trials - 2021
1:23.43 S	BB F	100 Fly 05/11/2020 OECS Invitational Swimming Championships
3:41.19 S	F	200 Fly 10/08/2020 FLOW SVG Nationals
1:18.58 S	BB F	100 IM 24/06/2021 SVGSF Time Trials - 2021
2:51.84 S	BB F	200 IM 18/08/2022 SVG Gallagher National Swim Champs 2022
Nikolas Sylvester (21) B		
12.05 S	F	25 Free 21/08/2014 Summer Festival 2014
24.14 S	P	50 Free 22/03/2016 XXXI Carifta Swimming Championships 2016
54.16 S	F	100 Free 13/05/2016 CGM Sprint Challenge
2:04.97 S	F	200 Free 26/08/2016 The FLOW Invitational Swimming Championships
4:36.20 S	F	400 Free 07/11/2014 24th OECS Swimming Championships 2014
9:47.74 S	F	800 Free 21/08/2014 Summer Festival 2014
27.89 S	F	50 Back 08/11/2018 28th Annual OECS Swimming Championships
1:02.32 S	F	100 Back 08/11/2018 28th Annual OECS Swimming Championships
2:30.90 S	F	200 Back 10/09/2014 OECS Time Trials Challenge
30.08 S	T	50 Breast 09/05/2020 Time Trials 2020 - May/June
1:07.36 S	F	100 Breast 10/08/2020 FLOW SVG Nationals
2:31.62 S	F	200 Breast 26/08/2016 The FLOW Invitational Swimming Championships
26.92 S	F	50 Fly 27/02/2018 The BASA Long Course National Championships
1:01.52 S	F	100 Fly 08/11/2018 28th Annual OECS Swimming Championships
2:36.57 S	F	200 Fly 10/04/2014 15th RHAC Invitational Swim Meet
1:01.79 S	F	100 IM 10/08/2020 FLOW SVG Nationals
2:18.72 S	F	200 IM 08/11/2018 28th Annual OECS Swimming Championships
5:09.37 S	F	400 IM 21/08/2014 Summer Festival 2014

Individual Top Times

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Time	P/F/S	Event		
Alyssa Williams (8) G				
30.36 S	T	25 Free	20/05/2022	Time trials - May 2022