

ST LUCIA AQUATICS FEDERATION





RODNEY HEIGHT AQUATIC CENTRE (RHAC) RODNEY HEIGHTS

GROS ISLET, SAINT LUCIA

NOVEMBER 10th -12th, 2023

MEET SUMMONS

31st ANNUAL OECS SWIMMING CHAMPIONSHIPS

You are cordially invited to participate in the 30th Annual OECS Swimming Championships. This competition will be conducted under the sanction of the St Lucia Aquatics Federation (SLAF).

1. DATE AND VENUE

DATE: November 10 - 12, 2023

Pool Competition: November 10 - 12, 2023

VENUE: Rodney Heights Aquatic Centre, Gros-Islet, St. Lucia

POOL SPECIFICATIONS: 8 LANE 25m Myrtha Tech Pool and Colorado Electronic Timing System

2. SCHEDULE

Friday 10 November (Day1): Warm up 3:30 – 4:50pm

• Technical Meeting SW: 3:00 p.m. (Rodney Heights Aquatic Centre)

Competition Starts: 5:00 p.m.
Opening Ceremony: 6:30 p.m.
Relays: 7:00 p.m.



Saturday 11 November (Day 2):

- Warm-up: 8:00 a.m. 9:50 a.m.
- Competition Starts: 10:00 a.m.

O.E.C.S. Congress: 8.15am. (Rodney Heights Aquatic Centre)

Sunday 12 November (Day 3):

- Warm-Up: 8:00 a.m. 9:50 a.m.
- Competition Starts 10:00 a.m.
- Awards and closing of pool event; following completion of pool competition Get Together

Monday 13th November: Departure of Teams

3. INVITED FEDERATIONS

Federations representing all member states of the OECS:

- 1. Anguilla
- 2. Antigua & Barbuda
- 3. British Virgin Islands
- 4. Commonwealth of Dominica
- 5. Grenada
- 6. Montserrat
- 7. Martinique
- 8. St. Lucia
- 9. St. Kitts & Nevis
- 10. St. Vincent & the Grenadines

In addition to the above, we extend an invitation to **Sint Maarten and St Martin t**o compete as a guest team. Swimmers representing **Sint Maarten and St Martin** will be eligible for medals but the team will not be eligible for the team championships or individual age group championships.



4. COMPETITION RULES

A - POOL SWIMMING

4.1. THE COMPETITION

The Competition will be conducted in accordance with **FINA Rules** in force at the start of the competition. **FINA Rule SW 4.4** shall be applied. Throughout the Meet there will be a no FALSE-START rule for age groups 9-10 and older, and a two false start rule for age 8 & Under.

4.2. INTERPRETATIONS

The Organizing Committee and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to this Competition.

Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

Video footage may not be used to dispute decisions of the Meet Referee. FINA rules do not allow for video replays to be used as evidence.

4.3. AGE GROUPS

Competitors will compete in the following age groups:

- 8 & Under
- 9 10
- 11 12
- 13 14
- 15 17
- 18 & Over

All events will be swum according to Age Group except the 400m Free, which will be swum as an Open Event, but scored according to Age Group.

For the relay events, the age groups shall be as follows:

- 10 & Under
- 11 − 14
- 15 & Over

The swimmer's age group shall be determined by the age of the swimmer as of midnight on 31st December 2021.



4.4 ELIGIBIITY

- A All Federations must be in good standing with FINA, proof of which shall be demonstrated in the form of a copy of the receipt for the FINA and UANA annual subscription fees. Such receipt is to be submitted at the technical meeting.
- B. All competitors must be citizens or residents of the country they represent.

5. ENTRIES

POOL SWIMMING

- A There will be a limit of 4 Competitors in each sex per age group to a Maximum of 34 swimmers
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No Competitor will be able to participate in an age group outside of his or her age group even if it is in an age group older than the competitor.
- E Each Country will be limited to two (2) competitors per individual event and one (1) team per relay event for points; however, it will be permitted to include more competitors to the maximum of four (4) in each event.
- F. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- **G.** ALL Competitors must be entered with a SEED TIME. Entries with No Time (NT) will be rejected.
- H. Swimmers will be seeded in each event according to ENTRY TIMES.
- *l.* All events will be swum as timed finals.
- J. A Resolution desk will be set up outside of the Computer Room, any issues, protests, concerns must be handled at this desk, as no one will be allowed inside the Computer Room except for one pool attendant and persons accredited to work in that space.



Entries must be made using Hy-Tek Team Manager entry file and must reach the Organizing Committee no later than Friday, 18th October 2022. All entries should be sent by email using available Hy-tek file, to:

Mrs. Paula James Meet Director

E-mail: paula.james@gmail.com

6. TEAM OFFICIALS

Pool Swimming

Each participating Country may include in its delegation the following officials for accreditation:

- A Delegations of twelve (12) competitors or less will be allowed three(3) team officials,
- B. Delegations of thirteen (13) to twenty-four (24) competitors will be allowed four (4) team officials,
- C. Delegations of twenty-five (25) to thirty-four (34) competitors will be allowed five (5) team officials.
- D. The name and role of each official should be indicated along with the entries.

7. REGISTRATION/ACCREDITATION PROCEDURE

Prior to the start of the competition, the Head of Delegation will:

- 1. Pay to the Organizing Committee the sum total of meet fees as invoiced by the host Country based on the final entries. Invoices will be sent to the National Federations prior to arrival.
- 2. Accreditation badges will be issued for each member of the official delegation after payment has been made.
- 3. The accreditation card must be carried at all times. The loss of an accreditation card must be reported to the Meet Director and may be replaced at a cost of EC \$40.00.



8. FEES

A. Meet Fees for the Competition are as follows:

- Team Fees: EC \$100 (US\$40) per OECS team entry.
- Individual Fees: EC \$25 (US\$10) per OECS swimmer.

Meet fees must be paid before the start of the Meet to the SLAF Treasurer, Mrs. Tessa Charles-Louis. No swimmer will be permitted to participate in the meet in any event unless they are registered in the Meet and the entry fee has been paid.

B. Spectator/Supporter Fees will be as follows

- EC\$10 per session (Adult)
- EC\$25 Weekend Pass (Adult)
- EC\$5 per session (Child aged 10 and Under)
- Children under 5 years no charge

9. TECHNICAL MEETING

There will be a brief Technical Meeting on Friday 10th November 2023 at 3:00 pm at the Rodney Heights Aquatic Centre. At this meeting, swimmers may be scratched from events without a cost but no alternates or substitutes or additional entries will be permitted. Teams are encouraged to mail in ahead any scratches prior to the meeting so that the meeting is kept brief.



10. SCORING AND AWARDS

Points will be awarded as follows:

PLACE	INDIVIDUAL	RELAYS
1	9	18
2	7	14
3	6	12
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

- A High Point Championship Trophy will be awarded to the top team.
- B. Medals will be awarded to 1st, 2nd and 3rd place OECS swimmer in each event.
- C. A High Point Individual Trophy will be presented to the OECS champion in each age group (female & male).
- D. Medals will be presented ONLY to those in the age 12 & Under age categories. Medals for those age 13 and above will be provided to each Countries respective Team Managers for presentation to the winners. ALL record-breaking performances will be recognized.



11. OPENING OF POOL

The pool will be opened 90 minutes before the scheduled start of the Competition Session. The pool will be closed 10 minutes before the start of the competition.

12. FLAGS AND ANTHEMS

Each Delegation shall provide A. Two (2) flags of their country no larger than 4 feet by 6 feet B. Copy of National Anthem.

13. CEREMONIES

- A There will be an Opening Ceremony on the first day of the competition, Friday, 10th November, commencing at approximately 6:30 p.m.
- B. Medal award ceremonies will be held throughout the meet as time permits. Medals will be presented to winners in the age group 12 and Under. Medals for age 13 and above will be given to the team managers for their athletes.
- *C.* There will be a Closing Ceremony at the end of each championship when awards will be presented.

14. TRANSPORTATION

Teams are responsible for arranging their own transportation to and from St. Lucia and the cost there-of.

A Teams are also responsible for arranging their own transportation from the airport to their chosen hotel and for transportation to and from the pool. Group transportation from the Airport to Hotels is recommended and we suggest using: **SEE ATTACHED APPENDIX A**



15. ACCOMMODATION

Teams are responsible for arranging their own accommodation and the costs thereof. The listed hotels are all within 5 – 15 minutes driving time of the Rodney Heights Aquatic Centre (RHAC). CARICOM rates should be available at all. SEE ATTACHED APPENDIX B AND C

Hotel	Contact Numbers	Email Contact	Website
Bay Gardens	1-758-457-	resbgh@baygarden	<u>Bay Gardens Hotel – St.</u>
Hotel	8000	<u>sresorts.com</u>	<u>Lucia Hotel in Rodney</u>
Bay Gardens Inn Bay Gardens Marina Haven	1-758-457- 8046 1-758-456- 8500	info@baygardensres orts.com	<u>Bay</u> (baygardensresorts.com)
Coco Palm	1-758-456-	reservations@coco-	www.coco -
Resort	2800	resorts.com	<u>resorts.com</u>

16. CONTACT INFORMATION

St Lucia Aquatics Federation Organizing Committee OECS 2023 Swimming Championships E-mail:

Mr. Eddie Hazell

President

eddie@westindiesshipping.com

Mrs. Paula James

Vice President (Administration) paula.james@gmail.com



Mrs. Tessa Charles-Louis

Treasurer

charlestessa@hotmail.com

Ms. Constance Rene

General Secretary

slasa.slu.secretary@gmail.com



17. TECHNICAL OFFICIALS

- The SLAF is responsible for providing all Technical Officials for the competition. All participating countries are invited to submit the names of any qualified persons willing to serve as Technical Officials.
- The Application Form for Technical Officials is included in these Summons. The DEADLINE for applications for technical officials is October 18 2023.
- All meet officials are required to check in with the Meet Referee and Chief Timer one hour before the start of the competition.
- Refreshments will be served to Meet Officials during the Competition.



COMPETITION PROGRAMME - ORDER OF EVENTS - SWIMMING

Female Events - odd numbers Male Events even numbers

DAY ONE: FRIDAY NOVEMBER 10th, 2023

EVENT	DESCRIPTION	AGE GROUP
1 & 2	100m Free	8 & Under
3 & 4	400m Freestyle	OPEN
	Events 3 & 4 will be swum	as Open Events, but points will be
	awarded according to age	Group: limited to swimmers aged
	9 years & older.	

OFFICIAL OPENING CEREMONY

5 & 6	200m Medley Relay	10 & Under
7 & 8	200m Medley Relay	11 – 14
9 & 10	200m Medley Relay	15 & Over



DAY TWO: SATURDAY NOVEMBER 11, 2023

EVENT	DESCRIPTION	AGE GROUP
11 & 12	200m Freestyle	9 - 10
13 & 14	200m Freestyle	11 - 12
15 & 16	200m Freestyle	13 - 14
17 & 18	200m Freestyle	15 - 17
19 & 20	200m Freestyle	18 & Over

15 MINUTES BREAK - MEDAL PRESENTATION

21 & 22	50m Breaststroke	11 - 12
23 & 24	50m Breaststroke	13 - 14
25 & 26	50m Breaststroke	15 - 17
27 & 28	50m Breaststroke	18 & Over
29 & 30	25m Butterfly	8 & Under
31 & 32	50m Butterfly	9 - 10
33 & 34	100m Butterfly	11 – 12
35 & 36	100m Butterfly	13 – 14
37 & 38	100m Butterfly	15 - 17
39 & 40	100m Butterfly	18 & Over

LUNCH BREAK

41 & 42	25m Backstroke	8 & Under
43 & 44	50m Backstroke	9 - 10
45 & 46	100m Backstroke	11 – 12
47 & 48	100m Backstroke	13 – 14
49 & 50	100m Backstroke	15 - 17
51 & 52	100m Backstroke	18 & Over
53 & 54	50m Freestyle	8 & Under
53 & 54 55 & 56	50m Freestyle 50m Freestyle	8 & Under 9 – 10
	ž	
55 & 56	50m Freestyle	9 – 10
55 & 56 57 & 58	50m Freestyle 50m Freestyle	9 – 10 11 – 12
55 & 56 57 & 58 59 & 60	50m Freestyle 50m Freestyle 50m Freestyle	9 - 10 11 - 12 13 - 14

15 MINUTE BREAK - MEDAL PRESENTATION

65	200m Mixed Freestyle Relay	10 & Under
67	200m Mixed Freestyle Relay	11 - 14
69	200m Mixed Freestyle Relay	15 & Over



DAY THREE: SUNDAY NOVEMBER 12, 2023

EVENT	DESCRIPTION	AGE GROUP
71 & 72	100m Individual Medley	8 & Under
73 & 74	100m Individual Medley	9 - 10
75 & 76	200m Individual Medley	11 – 12
77 & 78	200m Individual Medley	13 - 14
79 & 80	200m Individual Medley	15 – 17
81 & 82	200m Individual Medley	18 & Over

15 MINUTES BR EAK - MEDAL PRESENTATION

83 & 84	50m Backstroke	11 - 12
85 & 86	50m Backstroke	13 - 14
87 & 88	50m Backstroke	15 - 17
89 & 90	50m Backstroke	18 & Over
91 & 92	25m Breaststroke	8 & Under
93 & 94	50m Breaststroke	9 – 10
95 & 96	100m Breaststroke	11 - 12
97 & 98	100m Breaststroke	13 - 14
99 & 100	100m Breaststroke	15 - 17
101 & 102	100m Breaststroke	18 & Over

LUNCH BREAK

50m Butterfly	11 - 12
50m Butterfly	13 - 14
50m Butterfly	15 - 17
50m Butterfly	18 & Over
25m Freestyle	8 & Under
100m Freestyle	9 - 10
100m Freestyle	11 - 12
100m Freestyle	13 - 14
100m Freestyle	15 - 17
100m Freestyle	18 & Over
	50m Butterfly 50m Butterfly 50m Butterfly 25m Freestyle 100m Freestyle 100m Freestyle 100m Freestyle 100m Freestyle

15 MINUTE BREAK - MEDAL PRESENTATION

123 & 124	4 x 50m Freestyle Relay	10 & Under
125 & 126	4 x 50m Freestyle Relay	11 - 14
127 & 128	4 x 50m Freestyle Relay	15 & Over

PRESENTATION OF AWARDS AND CLOSING CEREMONY

THERE WILL BE AN AFTER PARTY FROM 6PM TO 9PM DATE: SUNDAY 12TH NOVEMBER, 2023

ALL COMPETITORS EC\$50.00 ADULTS EC\$75.00

PLEASE CONTACT MRS. TESSA CHARLES-LOUIS, TREASURER IF
YOUR COUNTRY WILL BE ATTENDING. charlestessa@hotmail.com



2023 OECS SWIMMING CHAMPIONSHIPS ST LUCIA AQUATICS FEDERATION

APPLICATION FORM FOR TECHNICAL OFFICIALS

Name:
Signature:
Address:
Country:
Γhe position I can fill is
have served as a TECHNICAL OFFICIAL during the pastyears: (List meets/events at which officiated)
National:
International:
My present position as TECHNICAL OFFICIAL is:
a) NATIONAL
p) FINA list #
This Form must be signed by the President or Secretary of the National Federation.
Name:Title:
Date:
NOTES:

(2) THIS FORM MUST BE RETURNED BY FAX OR EMAIL TO the

Organizing Committee of OECS 2023 ST. LUCIA AQUATICS FEDERATION EMAIL: <u>slasa.slu.secretary@gmail.com</u> NO LATER THAN FRIDAY OCTOBER 18, 2023