



32nd OECS Swimming Championships - November 8th to 10th, 2024					
St Vincent and the Grenadines					
8 & Under	9- 10	11 - 12	13 - 14	15 - 17	18 &Over
Friday (morning), November 8th - Competition starts at 10am					
Free 100	Free 400	Free 400	Free 400	Free 400	Free 400
BREAK					
Friday (evening), November 8th - Competition starts at 5pm					
Breast 25	Breast 50	Breast 100	Breast 100	Breast 100	Breast 100
Back 25	Back 50	Back 100	Back 100	Back 100	Back 100
Break - Opening Ceremony					
Medley Relay - 200 (10 & Under)		Medley Relay - 200 (11 - 14)		Medley Relay - 200 (15 +)	
Saturday, November 9th - Competition starts at 10am					
	Free 200	Free 200	Free 200	Free 200	Free 200
BREAK					
		Breast 50	Breast 50	Breast 50	Breast 50
Fly 25	Fly 50	Fly 100	Fly 100	Fly 100	Fly 100
LUNCH					
Free 50	Free 50	Free 50	Free 50	Free 50	Free 50
Mixed Relay - 200 (10 & Under)		Mixed Relay - 200 (11 - 14)		Mixed Relay - 200 (15 +)	
Sunday, November 10th - Competition starts at 10am					
IM 100	IM 100	200 IM	200 IM	200 IM	200 IM
BREAK					
		Back 50	Back 50	Back 50	Back 50
		Fly 50	Fly 50	Fly 50	Fly 50
LUNCH					
Free 25	Free 100	Free 100	Free 100	Free 100	Free 100
Relays Free 4x50 (10 & Under)		Relays Free 4x50 (11-14)		Relays Free 4x50 (15 +)	

COMPETITION PROGRAMME - ORDER OF EVENTS - SWIMMING

Female Events - odd numbers

Male Events - even numbers

Please note that the Meet Referee reserves the right to change order of events and timing of breaks (including lunch)

DAY ONE, SESSION ONE - Friday 8th NOVEMBER at 10AM

EVENT number, DESCRIPTION and AGE GROUP

- 1 & 2 100m Free 8 & Under
 - 3 & 4 400m Freestyle OPEN
- Events 3 & 4 will be swum as Open Events, but points will be awarded according to age Group: **limited to swimmers aged 9 years & older.**

DAY ONE, SESSION TWO - Friday 8th NOVEMBER at 5PM

- 5 & 6 25m Breaststroke 8 & Under
- 7 & 8 50m Breaststroke 9 – 10
- 9 & 10 100m Breaststroke 11 - 12
- 11 & 12 100m Breaststroke 13 - 14
- 13 & 14 100m Breaststroke 15 - 17
- 15 & 16 100m Breaststroke 18 & Over

- 17 & 18 25m Backstroke 8 & Under
- 19 & 20 50m Backstroke 9 – 10
- 21 & 22 100m Backstroke 11 – 12
- 23 & 24 100m Backstroke 13 – 14
- 25 & 26 100m Backstroke 15 – 17
- 27 & 28 100m Backstroke 18 & Over

BRIEF OPENING CEREMONY

- 29 & 30 200m Medley Relay 10 & Under
- 31 & 32 200m Medley Relay 11 – 14
- 33 & 34 200m Medley Relay 15 & Over

DAY TWO: Saturday 9th November at 10AM

- 35 & 36 200m Freestyle 9 - 10
- 37 & 38 200m Freestyle 11 - 12
- 39 & 40 200m Freestyle 13 - 14
- 41 & 42 200m Freestyle 15 - 17
- 43 & 44 200m Freestyle 18 & Over

20 MINUTES BREAK (medals presentation)

- 45 & 46 50m Breaststroke 11 - 12
- 47 & 48 50m Breaststroke 13 - 14
- 49 & 50 50m Breaststroke 15 - 17
- 51 & 52 50m Breaststroke 18 & Over

- 53 & 54 25m Butterfly 8 & Under
- 55 & 56 50m Butterfly 9 – 10
- 57 & 58 100m Butterfly 11 - 12
- 59 & 60 100m Butterfly 13 - 14
- 61 & 62 100m Butterfly 15 - 17
- 63 & 64 100m Butterfly 18 & Over

LUNCH BREAK

- 65 & 66 50m Freestyle 8 & Under
- 67 & 68 50m Freestyle 9 – 10
- 69 & 70 50m Freestyle 11 – 12
- 71 & 72 50m Freestyle 13 – 14
- 73 & 74 50m Freestyle 15 – 17
- 75 & 76 50m Freestyle 18 & Over

- 77 200m Mixed Freestyle Relay – 10 & Under
- 79 200m Mixed Freestyle Relay – 10 & Under



- 81 200m Mixed Freestyle Relay – 10 & Under

DAY THREE: Sunday 10th November @ 10am

EVENT number, DESCRIPTION and AGE GROUP

- 83 & 84 100m Individual Medley 8 & Under
- 85 & 86 100m Individual Medley 9 – 10
- 87 & 88 200m Individual Medley 11 - 12
- 89 & 90 200m Individual Medley 13 - 14
- 91 & 92 200m Individual Medley 15 – 17
- 93 & 94 200m Individual Medley 18 & Over

20 MINUTES BREAK (medals presentation)

- 95 & 96 50m Backstroke 11 - 12
- 97 & 98 50m Backstroke 13 - 14
- 99 & 100 50m Backstroke 15 - 17
- 101 & 102 50m Backstroke 18 & Over

- 103 & 104 50m Butterfly 11 - 12
- 105 & 106 50m Butterfly 13 - 14
- 107 & 108 50m Butterfly 15 - 17
- 109 & 110 50m Butterfly 18 & Over

LUNCH BREAK

- 111 & 112 25m Freestyle 8 & Under
- 113 & 114 100m Freestyle 9 - 10
- 115 & 116 100m Freestyle 11 - 12
- 117 & 118 100m Freestyle 13 - 14
- 119 & 120 100m Freestyle 15 - 17
- 121 & 122 100m Freestyle 18 & Over

15 MINUTES BREAK (medals presentation)



- 123 & 124 4 x 50m Freestyle Relay 10 & Under
- 125 & 126 4 x 50m Freestyle Relay 11 - 14
- 127 & 128 4 x 50m Freestyle Relay 15 & Over

PRESENTATION OF AWARDS AND CLOSING CEREMONY